





GREETINGS,

Just Imagine – you arrive on vacation and look out of your hotel room window onto breathtaking views of rolling blues and greens of hills and seas, mountaintops and sandy shores, cityscapes and forests and parks.

Spend an afternoon relaxing on the beach, and enjoy a good meal in the buzzing Downtown Haifa neighborhood, which attracts tourists and locals from all over the country.

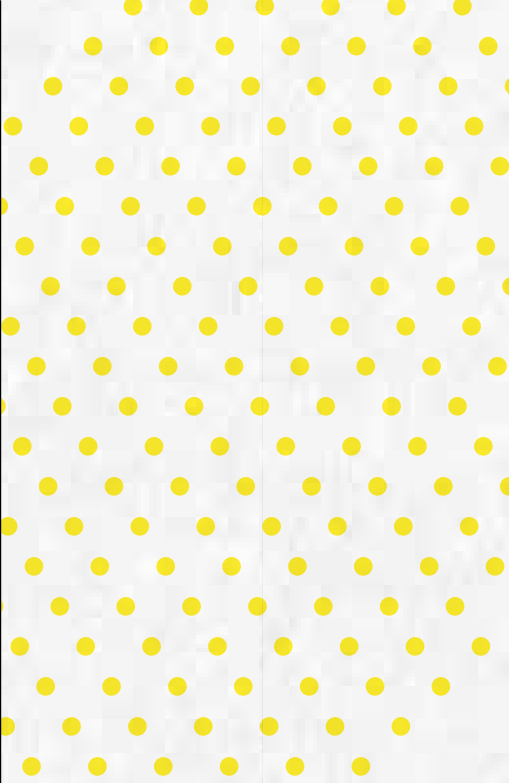
From there, catch the Carmelit, the underground train that crosses the city, and in two minutes you will find yourself in the Hadar HaCarmel neighborhood, where you can visit the Madatech – Israel's National Museum of Science, Space and Technology, or catch a good play at the Municipal Theater. From there, take the Carmelit to the top of the Carmel Mountain for the best views of the beautiful harbor, the city rooftops and alleyways.

In the evening, walk along the stone stairways that cross the city, and end the night with a nightcap or a show.

Come to Haifa and make this dream come true!

Born and raised in Haifa, I know this city has it all. People of different religions live in true co-existence, in a city that's pure magic. Come to Haifa on your next vacation, see this reinvigorated and beautiful city and make memories to last a lifetime.

Yours,
Dr. Einat Kalisch-Rotem
Mayor of Haifa



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History

A SMALL JEWISH SETTLEMENT IN ITS BEGINNINGS, HAIFA HAS EVOLVED INTO ISRAEL'S THIRD LARGEST CITY. IT HAS A FASCINATING PAST AND A MULTIETHNIC POPULATION WITH PEOPLE OF ALL DENOMINATIONS AND RELIGIONS COEXISTING TOGETHER

The Haifa area was an ideal spot for settlement with its sea port, stream (called the Kishon) and pleasant weather. Studies have shown that during the times of the Persian Empire, there had been a settlement called iHaifai, and others claim that Haifa was founded in the 2nd century BC. Archaeological remains reveal that human settlement in the area began as early as 3,500 years ago. In the early 11th century, the name Haifa began to appear in written texts as a shipbuilding town, but its port was small compared to the nearby Acre port.

Middle Ages to the present

In the Middle Ages, the city underwent many upheavals, and was conquered consecutively by the Muslim armies, the Crusaders, Saladin and the Mamluk Sultan Baibars. The city's Jewish community has survived throughout history, though it wasn't always flourishing and prosperous. Under Ottoman rule, the city took its first steps towards modernization, in the area known today as Downtown Haifa. Haifa's importance has since increased both strategically and economically. In the 19th century many Jews came to Haifa, as well as Christian settlers such as the Templers (the founders of the German Colony) and members of the Carmelite Order, who built the Stella Maris Monastery overlooking the sea. In 1905 the Ottomans finished building the Jezreel Valley railway, which connected Haifa to major cities in the Middle East and accelerated the city's development. During

the first decade of the 20th century, Haifa became the Jewish center of northern Israel. In 1909, members of the Baha'i faith, persecuted by the Ottomans, began building what is now known as the Baha'i Gardens of Haifa. The Baha'i consider Mount Carmel a sacred place, taking care and cultivating the gardens to this day. The Baha'i Gardens and Temple are some of Haifa's main tourist attractions and in 2008 were declared a UNESCO World Heritage Site. In 1912, the cornerstone of the Technikum, Israel's institute of technology – later called the Technion – was laid. During World War I, Haifa was conquered by the British, who defeated the Turks and made the city their command center in the Middle East. The modern port in Haifa was officially opened in 1933 after considerable investment by the Mandate government. An oil pipeline was also laid between Iraq and Haifa. In the 1930s the Jewish settlement expanded, and new residential areas were

erected. During World War II Haifa served as an important military base for the British forces, and was raided 10 times by Axis bombers, in an attempt to hit its refineries and shipyards. Third largest city On the eve of the founding of the State of Israel, Haifa had a large Jewish and Arab population that remained in Haifa after the War of Independence. In 1959 Haifa launched the first and only metro in Israel, the Carmelit. It connects the Downtown to Merkaz HaCarmel, through the Hadar HaCarmel neighborhood. In 1963 an academic branch of the Hebrew University of Jerusalem was established in Haifa, under joint sponsorship of the University and the Haifa Municipality. The branch received University status in 1972. Today, Haifa is the third largest city in Israel, with about half a million residents living in the city and the neighboring towns. Haifa is Israel's northern hub.



DID YOU KNOW?

- In the 1930s an oil pipeline was laid between Iraq and Haifa.
- Haifa has the only Ahmadiyya settlement in Israel, called Kababir. It is an Indian sect of Islamic faith, which preaches fraternity and opposes religious coercion.
- The Sail Tower is 137 m tall, and is the tallest building in Haifa and the north of Israel.



HAIFA IN NUMBERS

285,300

RESIDENTS (as of 2019), that make up about 3.4% of the Israeli population and are composed of 88.7% Jews and others + 11.3% Arabs.

3

ACADEMIC MEDICAL CENTERS (Rambam, Bnei Zion, Carmel).

6

ACADEMIC INSTITUTIONS (among them Haifa University, the Technion and various colleges).

35

CULTURAL INSTITUTIONS (including 13 museums, 241 public parks and gardens, 8 beaches and boardwalks and 15 hotels).

29.1

DEGREES CELSIUS is the average maximum daily temperature in August.

9.6

DEGREES CELSIUS is the average minimum daily temperature in January.



HISTORICAL TIMELINE

3rd Century BC

From its earliest days, Haifa was a port city, and even today the port is one of the city's symbols.

During the 18th Century

The Haifa port was being regularly attacked by pirates, so the governor built two towers to guard it.

19th Century

At the foot of the Bahá'í Gardens lies the German Colony, founded by German Templers wishing to establish a Christian community.

Early 20th Century

Haifa East Railway Station was opened. It crossed the Jezreel Valley and connected Haifa to the Hijazi railroad in Syria and Transjordan.

1930

For a short time Haifa was bigger than Tel Aviv.

1938

The Rambam Medical Center is founded in Haifa, and to this day it is the largest hospital in the north of Israel.

Today

Haifa is the third largest city in Israel.

1761

The modern city of Haifa takes shape under the rule of the Ottoman Empire. Dahar El Omar, ruler of the Galilee, demolished the Old City and rebuilt Haifa where the Downtown is today.

1844

The world center of the Bahá'í religion is built in the city, evidence of the city's famous tolerance. The Bahá'í religion is a new religion, which withdrew from the Iranian Bábism, a sect of the Shia Islam.

More in the 19th Century

The city expanded with the help of the German Templers and Carmelite Monks.

1912

Foundation of the Technion, Israel's institute of technology.

1948

On the eve of the founding of Israel some 80,000 Jews lived in Haifa alone.

1959

Inauguration of the Carmelit, the only underground train in Israel.

Sites

HAIFA IS DIVIDED INTO SEVERAL AREAS, EACH WITH ITS OWN DISTINCTIVE CHARACTER, UNIQUE SITES, ATTRACTIONS AND POINTS OF INTEREST

DOWNTOWN

The Downtown is the old historic district near the port, at the foot of the Carmel. It is where several central neighborhoods and major transport arteries meet and merge: railways, train stations, passenger terminals and cargo port, as well as main roads connecting the north of Israel to its center.

This area is Haifa's business and economic center, home to the provincial government, and in recent years, it has also gained popularity as a major entertainment hub with many restaurants, pubs, shops and clubs.



The Turkish Market

The Turkish Market lies in the heart of Haifa's Old City, on Nachum Dovrin Street. This was where dock workers from Thessaloniki settled in the 1930s, having come to work in Haifa Port.

The Thessaloniki workers operated the market from the start, so it doesn't have any actual connection to Turkish culture. The market had operated for decades until the activity dwindled at the end of the 20th century. The old market area has since been renovated and turned into a vibrant cultural hub.

The Flea Market

Haifa's flea market has tons of atmosphere. Kibbutz Galuyot Street and the adjacent alleys are bursting with shops and stalls. The market is mostly active on Saturdays and Sundays, but some stores are also open on other days, from morning till noon. Bring small change and get ready to haggle.

Wadi Nisnas

Wadi Nisnas is a neighborhood with a Muslim majority in lower Haifa. The neighborhood was established



in the 19th century as a Christian neighborhood, and largely retained its identity and Mediterranean architecture. In the neighborhood's central streets you can find the Wadi Market as well as the St. Elijah Greek Catholic Cathedral, St. John's Church – an Anglican church and the Beit-HaGefen Center for Arab and Jewish Culture. The Haifa Museum of Art is an impressive stone building located on the edge of the neighborhood.

Wadi Nisnas is well-known for its many restaurants and famous falafel stalls, and since 1993, it is where the annual "Holiday of Holidays" festival takes place, celebrating Christmas, Eid al-Fitr and Hanukkah. The festival showcases the multiculturalism of the neighborhood and Haifa at large.

Beit-HaGefen

Beit-HaGefen is a Center for Arab and Jewish Culture. The center is located in a two-story stone building shaped like a cross, with beautiful arched windows. The building was built at the end of the 19th century, and in 1910 it is where the Herzliya Hotel, regarded as one of the best hotels at the time, opened its doors.

In 1963, the building became a center for Arab and Jewish culture, aimed at promoting tolerance and coexistence among the various religions in Haifa. Today, Beit-HaGefen is a community center and holds workshops, meetings, exhibitions, seminars and conferences.

📍 2 HaGefen St.
📞 04-8525252; limor@bhagefen.org
🌐 beit-hagefen.com

The Port Campus

The port campus was built in the heart of Downtown Haifa as part of the urban renewal program and has since become a major economic, social and cultural engine. You can find shops, restaurants and of course the university campus, which is based in renovated buildings.

The Grave of Avdimi of Haifa

Rabbi Avdimi was of the second and third generation Amoraim of Eretz Israel. Some of his halakhic articles are mentioned in the Talmud and the Midrashim.

His grave was identified in Haifa's old Jewish cemetery. Medieval travelers and pilgrims who visited Haifa marked the grave and many still visit the grave to this day.

The Templers Cemetery

The residents of the German Colony were buried in the Templers Cemetery, as well as residents from other Templar settlements, such as in Bethlehem of Galilee. The commemorative monument to the first Jezreel Valley Templers movement can be found here, as well as an obelisk commemorating the German casualties of World War I.

The reparation agreement with Germany stated that the cemetery would remain in the Templers' possession, and it has been so ever since. The cemetery is open during the day, admission is free and access is through the nearby British War Cemetery.



BAT GALIM

Bat Galim is a colorful neighborhood in West Haifa, one of the only neighborhoods in the country that is right on the beach. The neighborhood is one of the oldest of the Jewish community in Haifa. Bat Galim was developed mainly in the 1930s and still maintains its original character: low houses and plenty of fruit trees.

The neighborhood is home to Rambam Hospital, a naval base, the famous Casino Club and the Technion Medical School. It's home to both to the Quiet Beach and Bat Galim Beach. At the end of the beach promenade you'll find the Haifa cable car station, which connects the beach to Stella Maris Monastery at the top of the Carmel ridge.



Bat Galim Promenade

Is there anything better than a stroll along the beach? The Bat Galim promenade, located at the northernmost point of the city, has so much to offer, with dozens of entertainment and leisure venues, hotels, restaurants and cafés with the most impressive sea views.

The promenade still retains that characteristic atmosphere of Haifa's first neighborhoods. Along the scenic palm tree-lined promenade there are dozens of beautiful Bauhaus and classic middle-eastern style buildings.

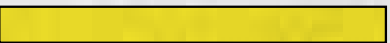
The Cable Car

Who wouldn't enjoy a ride on a Haifa cable car? Stretching from the edge of the Bat Galim promenade up to the Stella Maris Monastery at the top of the mountain, it's a short five-minute ride in a ball-shaped transparent cable car, above Haifa Bay and the slopes of the Carmel. Purchase round-trip tickets or go up one way and come back down the staircase, which is about a 20 minute walk.

☎ 04-8535582, 04-8335970
🕒 Winter 9:00-17:00; Spring 9:00-18:30; Summer 9:00-19:30; Fri and Holiday eves 9:00-17:00
🌐 cablecar-haifa.co.il
🆓 Free admission for kids under two years

Haifa War Cemetery

The Haifa War Cemetery is a quiet place paved with English-style lawns. Fallen soldiers from both World Wars are buried here. The British Empire engaged in military actions all across the globe and troops who fell are buried close to the battlefields. The British cemetery was founded and maintained by the Commonwealth War Graves Commission. It is adjacent to the Templers Cemetery and admission is free.





Photography by: Nir Belitzky

THE GERMAN COLONY

Haifa’s famous German Colony is a popular tourist destination. It was founded by Templers, a Protestant sect established in southern Germany in the mid-19th century. Their beliefs led them to immigrate to the Holy Land and establish a rural settlement in order to bring on salvation.

In the second half of the 19th century and the beginning of the 20th, hundreds of Templers settled in several colonies throughout Israel.

The Haifa colony was established in 1868 along the street now called Ben Gurion Boulevard. After many Templers joined the Nazi party they were exiled by the British, who feared they would assist the enemy during World War II.

The German Colony in Haifa is well-preserved and an important part of the city’s history.



Photography by: Nir Belitzky

The Netzach Israel Synagogue

This synagogue was established in a beautiful Templer building. Twice a week, throughout the year, you can enjoy a Hassidic Chabad gathering where music is played and Torah and Kabbalah are discussed, as wine and kugel are enjoyed by all. You can request a blessing and advice from the Lubavitcher Rebbe. Participation fee includes a light meal.

📍 57 Ben Gurion St.

The Bahá’í Gardens

This might be the most famous place in Haifa. The Bahá’í Gardens were built by members of the Bahá’í faith, who consider Mt. Carmel to be a sacred place.

The beautiful gardens are built on 19 terraces beginning at the foot of the mountain and ending right at the top. The garden’s central stairway points towards Acre, a city of historical and religious significance to the Bahá’ís. At the heart of the exceptionally designed gardens is the golden dome of the Shrine of the Báb. The different parts of the garden offer a variety of landscapes that interconnect through gravel paths and flower beds. The gardens overlook the bay, the Galilee and the Mediterranean Sea.

You may visit part of the gardens on your own, but to get the full experience and visit all parts of the garden, join one of the free tours using their website. You can also visit the observation point on Yeffe Nof St. and enjoy a panoramic view of the gardens.

The Bahá’í Gardens is a sacred site that is open to the public, and visitors are asked to maintain modest attire and adhere to the site’s customs and cleanliness.

- 🕒 Visit part of the Gardens Wed-Sun 9:00-17:00; Mon, Tues closed; or join a guided tour using the website or request a guided tour for groups of 20 or more.
The Gardens are closed for visitors on Yom Kippur and the Bahá’í holidays, so make sure to check this in advance.
- 📞 04-8313131
- 🌐 ganbahai.org.il/haifa-tours



MERKAZ HACARMEL

Merkaz HaCarmel is Haifa’s most bustling area. It is a residential neighborhood located on the Carmel Ridge itself, but also one of the city’s culture and entertainment hubs.



Photography by: Nir Belitzky

KABABIR NEIGHBORHOOD

The Kababir Mosque (called Jamaa Sayidna Mahmud – Our Lord Mahmud) is located in the Kababir neighborhood on top of the Carmel.

The Muslim population in the neighborhood is part of the Ahmadiyya Muslim Community, a relatively modern Muslim movement that believes in tolerance and brotherhood among nations.

The mosque is visible from a distance and is a relatively new building, built in 1979, with two 35m-tall minarets. Kababir has a beautiful view of the Mediterranean, especially at sundown.



Photography by: Zvi Roger

The Cave of Elijah

The Cave of Elijah above the Bat Galim neighborhood and at the foot of the Stella Maris Observatory is one of the most famous, important and sacred places in the region, and it has given Haifa much of its religious importance for Jews, Christians, Muslims and Druze. Thousands of pilgrims attribute magical and healing properties to the cave. The Muslims call the cave “El Khader” – the green.

The cave walls are covered with inscriptions left by pilgrims who visited the place, including a Roman soldier named Germanus. Some scholars believe that the cave was used in ancient times to house the oracle of the God of the Carmel.

The cave is also sacred to Christians because, according to tradition, Jesus and his family hid there from Herod.

🕒 Sun-Thurs 8:00-16:00; Fri 8:00-12:00

Stella Maris

Stella Maris (“The star of the sea”) is an area at the top of the Carmel, with a centuries-old monastery and a church, overlooking the sea. Both belong to the Carmelite Order that was founded on the Carmel during the Crusader Kingdom era, by monks who lived in caves in the area.

The church opened in 1836, and was completed by 1853. The summer palace of

the Turkish Pasha Abdullah, Haifa’s oldest residential building, is also found there. Stella Maris has a gorgeous view of the sea and is also the upper station of the Haifa cable car, which links Stella Maris to Bat Galim below.

- 📞 04-8337758
- 🕒 8:30-12:00; 15:00-18:00
- 🆓 Free admission

Louis Promenade

The promenade was built in 1992 along Yefe Nof Street and it is 400 meters long going over the Carmel Ridge, overlooking the spectacular Haifa Bay and Rosh Hanikra to the north. Some say the Louis Promenade is the most beautiful promenade in Israel.

Along the route there are several notable spots such as Dan Carmel Hotel’s Rondo Restaurant, an observation terrace, the Yefe Nof garden and the Kaiser Obelisk, which was erected in honor of the visit of the German Kaiser Wilhelm II and his wife in Haifa in 1898.

Moriah Boulevard

The bustling Moriah Boulevard is the main street in the Merkaz HaCarmel area. Over the past decade, Moriah Boulevard has transformed from a quiet residential area into a nightlife hub of cafes, restaurants and pubs.

The Cinematheque

The Haifa Cinematheque is one of the city’s oldest and major art centers. It was established in 1975 in the Merkaz HaCarmel auditorium complex.

The Cinematheque offers a diverse program and two theaters. Since 1990, the Cinematheque holds rock music/cinema events – a popular happening that takes place every two weeks. The events include lectures, film screenings and live performances by cover bands.

- 📍 142 HaNassi Ave.
- 📞 04-8338888
- 🕒 Sun-Thurs 9:00-21:00; Friday & Holidays 9:00-13:00
- 🌐 haifacin.co.il





HADAR HACARMEL

Hadar HaCarmel, or in short Hadar, is Haifa's most central and crowded residential area, which includes several large neighborhoods, between Downtown and the Carmel. The Hadar neighborhood boasts Bauhaus-style buildings and is where Haifa City Hall and the old Technion building, now a science museum, are located.

Talpiot Market

Talpiot is a market built around an impressive historic building in Hadar HaCarmel, designed in the International Style in the late 1930s and inaugurated in April 1940.

Efforts are currently underway for its preservation and protection. The agricultural produce sold in the market comes from farms in the Jezreel Valley, Galilee and the Shomron.

Today, beyond the regular stalls, you can find street food joints, gourmet restaurants, a vegan food shop, a bar, a brewery, a bakery and a variety of amazing culinary surprises, alongside culinary tours that draw people from all over.

In addition, there are live performances during the summer and nights when the market is open to visitors.

📍 38 Sirkin St.
🕒 Sun, Mon, Wed, Thurs 8:00-19:00; Fri 8:00-14:00

Masada Street

At the top of Hadar HaCarmel neighborhood you can find Masada Street. It's a relatively quiet street, with beautiful century-old buildings as well as many cafés and special shops.

The street retains its character, but in recent years, it has become a vibrant hub of bohemian life, especially in the evenings. The population here is mostly young, and includes many students. The street connects to the famous Haifa staircase.

The New Commercial Center

The center was built on the intersection of Herzl, Bialik and Shapira streets in Hadar HaCarmel in 1932, in order to transfer commercial and economic activity from the Lower City to Hadar HaCarmel.

The complex was also built in the International Style. It consists of several buildings surrounding an inner courtyard hidden away from the street.

The Nordau Pedestrian Street

The Nordau pedestrian street is located in Hadar HaCarmel. It is one of the city's central streets and its first pedestrian one.



Photography by: Zvi Rogier

Binyamin Park

Binyamin Park is the country's first public park and was established in Israel in 1923. The park is named after Baron Rothschild.

On the edge of the park there was a café where residents of Hadar danced every morning and evening for coffee. In 2005 the park was renovated and now holds cultural events during the summer. In the evenings the gates are locked. Admission is free.

Pevsner House and Library

Pevsner House and the library in it are unique historical sites. The Pevsner Library is the largest public library in Haifa, established near Binyamin Park in 1932 as a municipal library.

In 1933, a bookseller passed away and bequeathed his books to the city – a collection of nearly 10,000 titles. This huge collection became the basis of the Haifa University Library.

📍 54 Pevsner St.
🕒 Sun-Thu

Haifa Municipal Theater

This is the first municipal theatre in Israel. It was established in 1961 at the southern end of the Binyamin Park, adjacent to the Pevsner Library. Since the late 1980s it has hosted the Haifa International Children's Theater Festival.

📍 50 Pevsner St.
📞 04-8600500
🕒 Sun-Thurs 9:00-21:00; Fri 9:00-12:00; Sat only when there are shows (until 21:00)
🌐 ht1.co.il



DID YOU KNOW?

The Cinematheque plaza is a well-known meeting spot for artists, bohemians and Haifa culture lovers.



Photography by: Tom Simon

Sports & Beaches

HAIFA BOASTS BREATHTAKING BEACHES AND CHIC PROMENADES FULL OF RESTAURANTS AND CAFES, PLACES TO RELAX AND WATER SPORTS CLUBS



Dado Beach

On this seafront stretches the longest promenade, which begins at the southern end of Dado Beach and ends at the northern end of the HaCarmel beach (2 kilometers). Along the promenade there are cafés and restaurants, benches, seating areas, a dance floor, an amphitheater for summer events, a sports area and a toddlers' pool.

📍 **Location:** south entrance – west to the Matam junction (Haifa Mall). North entrance is through the Maxim gas station, west of the junction.

🚌 **Buses:** all the buses that reach the Carmel Beach central bus station

🚆 **Train:** Haifa Hof HaCarmel Railway Station

♿ **Accessibility:** there is a special area located near the lifeguard station on Dado North Beach, which includes reserved parking, lockers, bathrooms and accessible showers. There is also a ramp for easy access to the beach.

Hof HaCarmel (Carmel Beach)

A covered promenade, a kiosk, restaurants and entertainment plus free parking south of the beach, benches, seating areas, and

a sports and game area make this beach a one stop shop. On this beach there is a breakwater which partially protects from the waves and allows a for comfortable swimming.

📍 **Location:** west of the Neve David neighborhood, at the foot of the Hof HaCarmel Towers.

📍 **Access:** south entrance – at Haifa Mall Junction, through Andrei Sakharov St., west of Derech HaYam Junction. The north entrance is through the Maxim gas station.

🚌 **Buses:** buses stop on the main road near the Neve David neighborhood or the Hof HaCarmel Towers. There is also a bridge crossing the Haifa-Tel Aviv road from the Neve David neighborhood, and stairs leading to the beach.

Bat Galim Beach

The beach promenade is teeming with cafés, restaurants, surfing and scuba diving clubs, benches, sitting areas, sports and more. The beach has a breakwater that allows for comfortable swimming most days of the year. You can also usually see surfers riding waves.

📍 **Location:** north of the Bat Galim neighborhood and along Retsif Margolin Street, from the navy base to the cable car site and the windsurf dock at its base.

📍 **Access:** east Entrance – from Aliyah Hashniya st. through Sharl Luts st. Western Entrance – from Aliyah Hashniya st. via Bat Galim Blvd.

🚌 **Buses:** bus lines 40, 41 or any line that reaches the central bus station, and from there cross the tunnel on foot and take a short walk to the beach.

Hahof Hashaket (The Quiet Beach)

This beach is considered the quietest beach in the country and has swimming pool conditions, thanks to its breakwater. There is a separate beach for religious bathers, with Sundays, Tuesdays and Thursdays reserved for women and Mondays, Wednesdays and Fridays for men. Saturdays and holidays are mixed. There are shades, benches, a kiosk, a restaurant and paid parking.

📍 **Location:** the beach is near Haifa harbor.

📍 **Access:** from Heiyl HaYam Street or left on Ha'aliya Street.

🚌 **Buses:** bus lines 40, 41 or any line that reaches the central Bat Galim bus station and from there walk to the beach.

Hof HaStudentim (Student Beach)

This is one of Haifa's most popular beaches, especially among the younger generations, as it's always buzzing with events, concerts, shows and parties. Fitness facilities are available and a van operates as a shop during the day.

📍 **Location:** adjacent to Hof HaCarmel, 400 meters from the promenade's end.

Kiryat Haim Beach

This beautiful promenade along the beach has kiosks, buffets, restaurants, free parking, benches and BBQ facilities. This beach has a reserved area for the religious community next to the northern tower during regular hours. On holidays and Saturdays entrance is mixed.

📍 **Location:** western Kiryat Haim.

📍 **Access:** from the North – Truman Blvd. From the East – Degania Blvd.



SURFING

Backdoor Beach

This is a beach for experienced surfers only. They surf in the winter, when the southern wind makes it extra challenging.

📍 **Entrance:** from Bat Galim promenade.

🌟 **Facilities:** parking, showers, restaurants.

The Surf Club

A club and surfing school operated by professional athletes for whom surfing is a true lifestyle. There are group surfing classes, SUP and kite surfing. If you love the sea, you must check out the beautiful strip of coast here.

📍 2 David Elazar St.

📞 04-8550183

🕒 Daily 8:00-20:00

HaGolshim Beach (Surfers' Beach)

HaGolshim Beach, on the Bat Galim shore line, is considered one of the best surfing beaches in the Middle East. This is the only beach that faces north. It has unique conditions, which make surfing ideal. Every year the beach has national surfing competitions.

📍 **Location:** Humphry Hubert Street. Enter through Bat Galim beach.

🌟 **Uniqueness:** The most important site for wind surfing, kites and wave surfing.



SCUBA DIVING

Haifa has spectacular, high-quality diving sites – historical scuba diving sites, fascinating natural reefs and sunken vessels, which are popular sites among divers.

Submarine Sciré

The wrecked submarine is in the middle of Haifa Bay, 32m deep, 11km from the beach. The submarine was sunk during World War II and has become a popular diving site. Over time, sea life has taken over the submarine.

INS Mezanek

INS was an Israeli missile ship between 1968-1996. The ship participated in naval battles during the Yom Kippur War. It ended its service when it was scuttled in 1998 off the coast of Haifa 3 kilometers from Dado Beach, 32m deep. Storms and currents destroyed the ship, which has since been taken over by marine life.

The Steamboat

One of the most beautiful dives in Haifa Bay, this Italian steamboat is submerged at a depth of 13 meters and just 1 kilometer from the beach. It's located southwest of the lower cable car station in Haifa. You can reach the frame and the ship's keel, and you can see the ship's bridge on the sea floor. It's an easy dive and suitable for divers of all levels.

Immigration Ship Arlozorov

In 1947 Naval Ship Arlozorov was on its way to Palestine with Jewish immigrants aboard, but it was discovered by the British and sunk in front of the Bat Galim Beach. It is about 10m deep.

This site is recommended for new divers and snorkeling. You must obtain approval from the Navy, since the site is near the shooting range of the Navy.

The Turkish ship

This site is considered one of the most beautiful places in the Mediterranean for night dives. The Turkish ship is submerged at a depth of 13m and just 1 km offshore.

In the late 1980s the ship drifted to an underwater ridge, where it has remained at a depth of 9m and is covered with rich Mediterranean vegetation and tiny animals, various shellfish and fish.



SCUBA DIVING CLUBS

A Scuba diving club operating at various sites in Haifa:

Putsker Diving Club

📞 04-9511503

🌐 putsker.co.il

🕒 Sun-Thurs 9:00-17:00; Fri-Sat 9:00-16:00



EXERCISE

Haifa offers more than just marine sports. Check out some other options:

Sammy Ofer Stadium

The most modern and state-of-the-art football facility in Israel meets UEFA Standard, and can host games from Europe.

The stadium, which has more than 30,000 seats, opened in the beginning of 2014. It's considered one of the city's most exciting new attractions. It was also chosen as one of the top ten stadiums in the world in 2014.

- 📍 2 Pinkhas ve-Avraham Rutenberg St.
- 📞 04-3002301
- 🌐 haifa-stadium.co.il

Maccabi Sports Club

The Maccabi sports and leisure complex has two indoor pools, an outdoor toddlers pool, a gym, a hot tub, dry and wet saunas, a basketball court, a clubhouse and a vast lawn area.

Swimming classes are available for people of all ages and exceptionally gifted swimmers are sent to train for Maccabi Haifa's swimming teams. Bonus feature: the pool is heated by non-polluting solar energy.

- 📍 19 Bikurim St., Mount Carmel
- At the city's southern entrance
- 📞 04-8388341
- 🌐 maccabi-club.co.il
- 🕒 Sun-Thurs 6:00-22:00; Fri 6:00-17:00; Sat & Holidays 7:00-17:00

Boulder

Bouldering has become a very popular sport in recent years and is suitable for everyone. Boulderers climb smaller rock formations or artificial walls without using a rope or a harness. Bouldering provides an empowering and exciting experience for women, men and children alike.

- 📍 18 Yohanan HaSandlar
- 📞 055-6800492, 04-8700296
- 🕒 Sun, Tues, Thurs 7:00-12:00, 15:00-23:00; Mon, Wed 15:00-23:00; Fri 10:00-16:30; Sat 10:00-23:00

Curly Krieger Municipal Athletics Stadium

An important athletics stadium, located not far from the Technion. Over the years, many athletes of all ages in the North, both amateur and professional, trained here. At the stadium you will find running tracks, facilities for jumping practice, discus and hammer throw fields and more. The stadium also included 900 seats, changing rooms and ample parking.

- 📍 Yaakov Dori Way
- 📞 04-8233955

CrossFit Haifa

A unique gym in Haifa that follows the "functional movements" training regimen. This includes many elements of fitness – free weightlifting, weight machines and floor exercise. "CrossFit Haifa" is the only official Crossfit center in the North and is also one of the biggest and most professional gyms of this sort in the country.

- 📍 3 Tsipora Zeid
- 📞 054-3381730
- 🕒 Sun, Mon 7:30-10:00, 17:00-22:00; Tue, Wed 17:00-22:00; Thu, Sat 17:00-22:00; Fri 9:00-18:30

Holmes Place Haifa

The Haifa branch of Holmes Place chain of premium gyms. In this 1,600 square meters gym you will find a large aerobics area, free weights, a studio that offers a wide variety of activities, a spinning room, Powerplate machines, a boxing club and more.

- 📍 4 Flieman St.
- 📞 04-8500980
- 🕒 Sun 6:00-23:00; Tue 6:00-22:00; Mon, Wed, Thurs 7:00-22:00; Fri 7:00-17:00; Sat 8:00-15:00
- 🌐 holmesplace.co.il

Maracanã

A home for people that enjoy playing football (soccer). The place is run by sports professionals, in order to provide the best service for players and minimize the risk of injury. The fields are constructed to the highest European standards, with rubber surfaces covered with artificial lawn. You can rent one of their fields for birthdays, personal training and summer camps. Large companies can run whole Tournaments here!

- 📍 2 Kdoshei Yasi
- 📞 04-8550115
- 🌐 mrcna.co.il

Skatepark Haifa

Located right by the Mediterranean Sea, near the Hecht Promenade. The 1,600 sq/m park includes 4 different areas that offer a wide variety of challenges to the local skaters. Entrance is free.



GO-KARTS

If you are interested in motor sports and wish to experiment driving go karts, let us introduce you to the "Dan Karting" motor park, leading the field in Israel for over a decade. "Dan Karting" modern and professional tracks are located in the Carmel parking lot of the Azrieli Haifa Mall, and in the Huzot Hamiphrazt complex. Both tracks are five minutes away from the bus and train station. The Azrieli Haifa track is covered and ventilated – the largest in Israel!

The Huzot Hamiphrazt one is an open-air track. The tracks are operated by skilled and expert professionals in the field. In addition, there is an air-conditioned lobby that can easily and conveniently accommodate 150 visitors.

There is also a unique simulator room with three professional simulators, electric go karts designed specifically for children ages 4-7, a challenging ATV track, a paintball range and bumper cars.

- 📍 Azrieli Mall Haifa, 4 Flieman St.
- 📍 13 Haharoshet St., Hutzot Hamifratz
- 📞 04-8501060
- 🕒 Daily 10:00-22:00



Photography by: Tom Simon



THE XPARK – EXTREME PARK

The park is located at the city's southern entrance. It's a huge 13,000 sq. meters complex that includes an Olympic climbing wall, a paintball field, a rope park and a Futsal synthetic grass court.

The place is suitable for people of all ages. Free parking is available.

- 📍 Convention Center, Kdoshei Iasi St.
- 📞 1599-524400
- 🌐 xpark.co.il

Tennis Center

Established in 1982, this center has 20 rental tennis courts, a central stadium that fits 500 spectators, two training walls, a gym, library, showers and locker rooms, a sports shop, cafeteria and more.

- 📍 2 Tsviya Ve-Yitshak St.
- At the southern entrance to Haifa
- 📞 04-8522721
- 🌐 tennis.org.il

Skimulator

Here you can experience skiing in conditions very similar to snowy slopes. You can also get equipment at the center. Both beginners and experienced skiers are welcome.

- 📍 26 Ba'alei HaMelacha St.
- 📞 04-6222055
- 🕒 Tue 12:00-17:00; Fri 10:00-15:00
- 🌐 skimulator.co.il



HUTZOT HAMIFRATZ BOWLING

Hutzot HaMifratz Bowling offers a variety of activities for the whole family – excellent bowling alleys, delicious food and awesome arcade games!

Whether you are a serious bowler or an amateur, you can appreciate their 20 computerized ten-pin bowling lanes, maintaining the highest standard of bowling available.

It is suitable for birthday parties, school outings or just a fun night out. With many activities to choose from, and plenty of lanes to bowl down, their bowling caters for all.

- 📍 6 Haharoshet St., Hutzot Hamifratz
- 📞 050-8005728
- 🕒 Sat-Thurs 10:00-23:00; Fri 10:00-13:00



Photography by: Zvi Rozer

Culture

HAIFA OFFERS AN ABUNDANCE OF CULTURE, ENTERTAINMENT, MUSIC AND THEATRE, WITH FESTIVALS ALL YEAR ROUND

CINEMA AND THEATRE

Haifa Cinematheque

The Haifa Cinematheque is renowned for the quality of its programming, with 400 movies shown each year, both Israeli and foreign, including feature films and documentaries. In addition, it hosts dozens of premieres, meetings with filmmakers, retrospectives, open lectures and more.

- 📍 142 HaNassi Ave.
- 🕒 *9300
- 🌐 haifacin.co.il

Cinema Cafe Amami

Cinema Cafe Amami is open all week in Haifa's Neve Sha'anani neighborhood. There are two movie theaters that seat 180, equipped with digital and high quality surround sound technology. The café hosts a variety of cultural events.

- 📍 99 HaGalil St., Neve Sha'anani
- 🕒 04-8325755
- 🕒 Sun, Mon, Wed, Thurs 16:00-24:00; Tue 8:00-24:00; Fri 17:00-24:00; Sat 9:00-24:00
- 🌐 cinemacafeamami.com

YES Planet

The YES Planet cinema complex is located in the Cinemall at the Lev HaMifratz junction. It offers a rich cinematic experience, with 23 regular and four VIP cinemas.

There is a wide selection of movies available on giant screens, with advanced sound and projection systems and the world's most comfortable theatre seats.

- 📍 55 HaHistadrut Ave, Cinemall, Lev HaMifratz
- 🕒 04-8416898
- 🕒 Sun, Mon, Wed, Thurs 14:00-00:00; Tue 10:00-00:00; Fri 13:00-00:00; Sat 10:00-00:00
- 🌐 yesplanet.co.il/cinemas/haifa

HOT Cinema

HOT cinema is situated in Grand Canyon Haifa. The huge complex has 17 state-of-the-art screens, across three levels, each specifically adapted to the unique architecture of the building in which the

cinema is located.

The variety of movies on offer, the impressive interior design and the movie theater's advanced sound system (Dolby Atmos) all provide cinemagoers with a spectacular cinema experience.

- 📍 54 Derech Simha Golan, Grand Canyon
- 🕒 *2235
- 🌐 hotcinema.co.il/theatre-9-haifa

Haifa Municipal Theater

The Haifa Municipal Theater was founded in 1961 at the initiative of the then mayor of Haifa Aba Hushi and was Israel's first municipal theater. Its programming is wide-ranging and eclectic.

It champions Israeli playwrights and creators, and strongly supports young artists. It is also an integral part of the city and maintains a constant dialogue with the Arab community in Haifa.

Subscribers can enjoy not only local shows, but also a selection of visiting shows from the best theaters in Israel.

- 📍 50 Pevsner St.
- 🕒 04-8600500
- 🕒 Sun-Thurs 9:00-21:00; Fri 9:00-12:00; Sat only open when there are shows (until 21:00)
- 🌐 ht1.co.il



Theatron Hazafon (The Theatre of the North)

Theatron Hazafon in Kiryat Haim was founded more than two decades ago. It has around 30,000 subscribers and eclectic programming, and a seating capacity of 1,100, as well as ample parking space, a beautiful foyer, cafeteria and more.

Theatres from all across Israel perform their repertoire at Theatron Hazafon, including Habima, The Cameri, Beit Lessin, Geshen and more.

- 📍 41 Moshe Beilinson, Kiryat Haim
- 🕒 04-8814814
- 🕒 Sun-Thurs 8:30-21:00; Fri 8:30-13:00, 19:00-21:00; Sat 19:00-21:00
- 🌐 theatron-hazafon.co.il

El Karama Theatre – Beit-HaGefen

Beit-HaGefen is a non-profit Jewish and Arab cultural center.

Among other things, the center also operates a theater called El Karama, which is the oldest Arab theatre in Israel, founded 40 years ago as part of Beit-HaGefen.

El Karama Theatre showcases many productions, especially for children and

younger audiences, with both Jewish and Arab artists taking part.

- 📍 2 HaGefen St.
- 🕒 04-8525252
- 🌐 beit-hagefen.com

HaStudio – An Original Theatre Workshop

HaStudio specializes in original productions. It is a fringe theatre center for the young and the young at heart.

Each month there are dozens of performances, stand-up shows, concerts, improv shows, poetry nights and more.

There are also acting workshops for adults and children.

- 📍 142 HaNassi Ave., Hecht House (Rothschild), 2nd floor
- 🕒 04-8100104
- 🕒 Sun-Thurs 9:00-20:00; Fri 20:30-00:00; Sat 20:30-00:00
- 🌐 hastudio-tr.co.il

Bait 9 Theatre

Bait 9 (House 9) is a puppet theatre and school that trains artists, filmmakers and puppetry teachers, with a top-quality theatre stage.

It offers a fresh and innovative theatre experience with a rich, visual language. The repertoire includes a wide variety of shows for the whole family.

- 🕒 073-730-3031
- 🌐 bait-9.com

Khashabi Theatre

"Khashabi" is the Arabic word for both "tree" and "stage". The Khashabi theatre has its own acting troupe and showcases original and alternative productions.

The theatre is Downtown and its program includes performances, cabaret nights, lectures and more.

- 📍 10 Hatib St.
- 🕒 052-2118183



MUSIC

Haifa Symphony Orchestra

The Haifa Symphony Orchestra was founded in 1950 by composer and pianist Frank Pelleg and violin teacher Zvi Rotenberg. Pelleg served as the Orchestra's musical director for 10 years, and Georg Singer as its conductor.

In April 2004 it became a city-owned company and since then, Noam Sheriff has served as musical director and chief conductor.

- 📍 Performances take place in several auditoriums around Haifa
- 🕒 04-8353508, tickets at *9300
- 🌐 haifasympphony.co.il

Zappa

The newest branch of a most popular club chain. Live performances and dining.

- 📍 2-8 Moshe Flieman Rd.
- 🕒 03-762666, 054-3434822
- 🌐 zappa-club.co.il

FESTIVALS AND ANNUAL EVENTS

Haifa International Film Festival

The Haifa International Film Festival takes place each year during Sukkot and attracts an audience of 300,000.

The festival, the first of its kind in Israel, was founded in 1983 and offers 280 screenings of international and Israeli movies, three competitions with prizes to win and numerous events.

The festival strives to promote pluralism, coexistence and peace.

- 📍 142 HaNassi Ave. Cinémathèque
- 🕒 Tickets: *9300
- 🌐 haifacin.co.il

Haifa International Children's Theater Festival

The Haifa International Children's Theater Festival takes place during Passover vacation at the Haifa Theater, attracting tens of thousands of visitors each year, delighting children and parents alike.

The program includes dozens of Israeli and international productions, as well as workshops with storytellers and plenty of fun holiday activities.

- The Haifa Theater Complex:
- 📍 50 Pevsner St.
- 🕒 04-8600500

- Hadar Community Center:
- 📍 29 Yerushalayim St.

- The Auditorium Complex:
- 📍 138 HaNassi Ave.

- Downtown Complex:
- 📍 69 HaNamel St.

- 🌐 haifakids.co.il

Hahag Shell Hahagim (The Holiday of Holidays)

Each year during the month of December, colorful events take place over the weekend in various neighborhoods: in Wadi Nisnas, the German Colony and at the foot of the Bahá'í Gardens, in celebration of Hanukkah, Christmas and Eid al-Fitr. The festival has been taking place for 20 years and is a symbol of coexistence and tolerance.

Each year, a festival theme is chosen and a variety of artistic activities are available. There's a huge antiques fair, many food stalls, parades, dance and folklore shows, concerts (some in churches), children's performances, guided tours and more. Some events are free.

- 📍 2 HaGefen St.
- 🕒 04-8525252
- 🌐 beit-hagefen.com



Art

HAIFA IS EXPERIENCING AN ARTISTIC RENAISSANCE, AS GALLERIES AND MUSEUMS ARE MUSHROOMING ACROSS THE CITY, FEATURING A WIDE RANGE OF HOME-GROWN ARTISTS

Haifa Museum of Art

The museum is located in a historic 1930's building that has been designated for preservation. It lies on the border of Wadi Nisnas and the main road connecting Muslim, Christian and Jewish neighborhoods.

Its collection includes works by both Israeli and international artists, with a particularly vast collection of artwork on paper, constituting about a third of the museum's entire collection with works by Daumier, Chagall, Chana Orloff and Andre Masson.

Its three exhibition floors comprise 10 spacious exhibition halls and video display areas.

- 📍 26 Shabtai Levy St.
- 📞 04-9115911
- 🕒 Sun, Tues, Wed, Sat 10:00-16:00; Thurs 10:00-18:00; Fri 10:00-14:00; Mon closed
- 🌐 hma.org.il

Haifa City Museum

The Haifa City Museum, located in impressive Templar buildings in the city's German Quarter, is dedicated to projects dealing with history, urban life, identity, and multiculturalism.

Exhibitions deal with issues relevant to Haifa's diverse population. The permanent exhibitions trace Haifa's development into the modern city of today through three main periods – the Ottoman Era, the British Mandate and the State of Israel.

- 📍 11 Ben-Gurion St.
- 📞 04-9115888
- 🕒 Sun, Tues, Wed, Sat 10:00-16:00; Thurs 10:00-18:00; Fri 10:00-14:00; Mon closed
- 🌐 hcm.org.il

Tikotin Museum of Japanese Art

The museum, dedicated to art from the Land of the Rising Sun, is hidden behind tall bamboos, between the Louis Promenade and Merkaz HaCarmel's main street. The exhibition focuses on the various elements of Japanese culture, presenting a broad cross-section of both traditional and modern Japanese art.

Exhibits change every three months with the seasons, largely due to the sensitivity of delicate Japanese prints and paintings. The museum store takes pride in its art books and catalogs, all carefully chosen with an emphasis on Japanese-inspired design.

Over the course of the year, there are also exhibitions on sea-related subjects by Israeli and foreign artists.

- 📍 189 Allenby Ave.
- 📞 04-8536622
- 🕒 Sun, Tues, Wed, Sat 10:00-16:00; Thurs 10:00-18:00; Fri 10:00-14:00; Mon closed
- 🌐 nmm.org.il

Hermann Struck Museum

Hermann Struck lived in a grand, architecturally significant building built atop Mt. Carmel, overlooking Haifa Bay and the Zevulun Valley. The museum recreates the ambiance of the time Struck lived there.

The structure combines European and Oriental elements like painted floors and arched windows. Items of furniture, rugs, books, Struck oil paintings and personal items are displayed alongside works of art.

On the top floor there's a kids' activity center, with walls decorated with prints made by contemporary artists, both foreign and domestic.

- 📍 23 Arlozorov St.
- 📞 04-9122390
- 🕒 Sun, Tues, Wed 10:00-16:00; Thurs 10:00-18:00; Fri 10:00-14:00; Mon, Sat closed
- 🌐 shm.org.il

Reuven Hecht Museum

Located in Haifa University's main building, the Reuven Hecht Museum displays archaeological items representing the material culture of various periods in the early history of the Land of Israel.

There are two principal collections: a collection of coins and a collection of seals from the Biblical period. The permanent exhibition emphasizes the Phoenician contribution to architecture and port construction. A 2,400-year-old vessel found at Ma'agan Michael is a special attraction.

The art wing includes works from several art movements, beginning in the mid-17th century, with an emphasis on Impressionism and the work of Jewish artists in Paris.

- 📍 199 Abba Khoushy Ave. Haifa University
- 📞 04-8240308
- 🕒 Sun, Mon, Wed, Thurs 10:00-16:00; Tue 10:00-19:00; Fri 10:00-13:00; Sat 10:00-14:00

Munio Gitai Weinraub Architecture Museum

Founded by film director Amos Gitai, this museum is the first of its kind in Israel, as a tribute to his late father, the architect Munio Gitai Weinraub.

The museum holds temporary exhibitions on the subject of Israeli and international architecture and various events.

- 📍 135 Hanassi Ave., Central Carmel
- 📞 04-8712311
- 🕒 Fri 11:00-14:00; Sat 10:00-14:00
- 🌐 muniogitaimuseum.com

Israel Railway Museum

The museum focuses on the achievements and evolution of public transport in Eretz Israel. One advantage of the museum is its location. The museum is in fact inside a former rail station (Turkish Haifa East).



There are collections of renovated rail cars and steam engines housed inside Ottoman buildings, as well as historic timetables, tickets, photographs and artwork.

- 📍 1 Hativat Golani St.
- 📞 04-8564293
- 🕒 Sun-Thurs 8:00-15:30; Fri & Holiday eve. 8:00-13:00

Clandestine Immigration and Navy Museum

The museum documents the struggle to immigrate to Eretz Israel in 1934-48, the story of those clandestine immigrants, the Jewish Yishuv under the British Mandate is documented with historical documents, newspaper clippings, photographs, audio-visual displays and films.

The itineraries of immigrant ships are shown on a computerized display. Visitors can take a look round the famous Af Al Pi Chen ship, aided by an audio-visual guide.

The area under the vessel tells the story of the struggle with the British and describes how the immigrants lived in internment camps on the island of Cyprus.

Other prominent exhibits: part of the prow of the Patria, an immigrant ship that sank at the entrance to Haifa Port. Considerable attention is also devoted to the Israeli Navy, partly because its roots go back to the clandestine immigration effort.

There's also the conning tower of the Dakar – the Israeli Navy submarine, lost en route to Israel on its maiden voyage in 1968 at a depth of 3,000 meters and retrieved 31 years later. There are several important replicas, including one of the famous "Exodus" ship.

- 📍 204 Allenby Rd.
- 📞 04-8536249
- 🕒 Sun-Thurs 10:00-16:00; Fri, Sat closed
- 🌐 navy.idf.il

Ancient Castra Museum

The Castra Center was built in the southern area of Haifa, on the ruins of the ancient city of Castra, an active commercial, artistic and cultural center in Byzantine times.

"Rescue excavations," conducted by the Antiquities Authority during construction of the Carmel Tunnel transportation project, uncovered fragments of glass vessels and other artistic items from the period, which are on display at the center alongside modern art and rotating exhibitions. The visitor is also surrounded by stunning wall paintings in every direction.

- 📍 8 Flieman Rd. (southern entrance to Haifa)
- 📞 04-8590000
- 🕒 Sun-Thurs 10:00-16:00; Fri, Sat closed
- 🌐 castra.co.il

Chagall Artists House

Chagall Artists House was founded in 1954 by the Painters and Sculptors Association. It hosts individual and group exhibitions and international shows, and publishes catalogues and periodicals.

Artist masterclasses are regularly organized, as well as chamber music concerts and other events.

- 📍 24 Hazionut Ave.
- 📞 04-8522355

Beit Hagefen

A Jewish-Arab cultural center dedicated to local, Middle Eastern and international art, multiculturalism and dialogue between both communities.

The gallery works to create partnerships and initiate and encourage projects and significant works alongside activities for various segments of the population.

They host about five exhibitions a year, including the Holiday of Holidays Festival exhibition in public areas of the Wadi Nisnas neighborhood and Arab Culture Month, providing a stage for Arab artisans and artists.

- 📍 2 Hagefen St.
- 📞 04-8525252
- 🕒 Sun-Thurs 8:00-16:00
- 🌐 beit-hagefen.com

Avshalom Gallery

Avshalom Gallery is a non-profit venue for contemporary art and the local art scene. The gallery was founded by the artist Iddo Marcus and named after his son. In addition to solo and group exhibitions, the gallery hosts music events and other performances. Details of future events and the artists' numbers for private viewings can be found on the website.

- 📍 11 HaAtzmaut
- 🌐 iddomarkus.com/Avshalom-Gallery

The Pyramid – Center for Contemporary Art

An art and culture hub in Wadi Salib. About 20 artists work in its studios and exhibit their work in a spacious structure. Four floors in its studios. Well worth a visit, open to all art and culture lovers.

- 📍 34 Kibbutz Galuyot St.
- 📞 04-8354299
- 🕒 For opening hours: facebook.com/Pyramida.Haifa/

The Studio for Armenian Ceramics

Rana is an Armenian ceramicist whose studio lies in a hidden corner on Khuri Street in Wadi Nisnas. As you walk down the stairs and through the gates, you'll discover a beautiful courtyard and studio. Guided visits and workshops are available by appointment.

- 📍 34 Khuri St.
- 📞 04-8514654

Studio Davka

Gili and Nadav are a couple of Bezalel graduates specialized in ceramics, who decided to settle in Haifa and open a ceramics studio. It is located in the Downtown area and there are courses and workshops available for all levels.

- 📍 39 HaAtzmaut St.; 3 Al-Marin St.
- 📞 054-6455888
- 🕒 Sun, Mon 10:30-13:30, 18:00-21:00; Tues, Wed, Thurs 18:00-21:00; Fri 10:00-14:00; Sat closed



Liat Waldman Jewelry

Liat Waldman's studio and gallery has taken over the space that used to belong to Liat's grandfather's shoe store. She is a Bezalel graduate, where she majored in jewelry design and fashion. Waldman creates original pieces of jewellery and holds courses and workshops.

- 📍 54 Simcha Golan Rd.
- Grand Canyon Mall, 3rd floor
- 🕒 Sun-Thurs 12:00-19:00; Fri 10:30-13:00

The Stairway Quarter

In the first half of 2022, works of art were permanently installed along the stairways that link Carmel Center to Golomb Street, in Upper Hadar. This collection includes some of the best local artists, with statues, photos, video art, works in ceramics, wood, metal and more. It's a real treat to visit this exhibition that's available 24/7, but visiting in daylight is recommended.

- 🌐 viewer.mapme.com/stairway-quarter

For updates regarding current exhibitions or special activities at the Haifa Museums – Haifa Museum of Art, Haifa City Museum, The National Maritime Museum, Tikotin Museum of Japanese Art, Hermann Struck Museum visit the website: hms.org.il/eng



Going Green

IF YOU CRAVE SOME NATURE AND GREENERY, HAIFA AND ITS SURROUNDINGS ARE FULL OF ENTICING OPTIONS, WITH SPECTACULAR VISTAS, NATURE RESERVES, WADIS, CAVES AND MORE

Hai-Bar Carmel Nature Reserve

This nature reserve south of the entrance to the University of Haifa is a small Mediterranean nature reserve. In the reserve, animals are cared for before being released back into the wild. Since the 19th century, animals have been growing more and more scarce on Mount Carmel.

In the past, there were even leopards and bears. Now, the reserve has vultures, fallow deer, Palestine mountain gazelles and other rare species. Returning animals to nature is a long and complex process, and in the Saturday tours organized for the public, you can hear all about it.

Grove of the Forty (HaArba'im)

Half a kilometer from the University of Haifa lies the Grove of the Forty, a beautiful little corner in the Carmel Park where 80 ancient and thick oak trees grow. While other trees in the area were cut-down during the rule of the Ottoman Empire for charcoal, these oaks were preserved because of their sacredness to the Druze community.

This large concentration of ancient trees is unusual. According to Druze tradition, in the 11th century, this is where 40 of the messengers of what was then a new religion lived and settled. Then, oak trees grew around them. The grove offers a spectacular view of the Bay of Haifa and its surroundings. During the winter and spring the area is full of wild flowers.

Bustan Khayat, Wadi Siach

In the lower part of the Wadi Siach there is a hidden, abandoned orchard that was planted in 1936 by Aziz Khayat, the son of one of Haifa's most respected and wealthy families. The size of the orchard is about 6.500 sq. meters, and it was inspired by Arab-Muslim garden architecture.

The orchard has waterfalls, fountains, ponds and canals throughout the garden. There are two ponds that are filled by the waters of the Siach Stream, where kids from the area love to hang out. In the hot summer days many hikers cool off in the pond waters.

The most beautiful entrance to the orchard is near the Brosh gate of the cemetery. From a makeshift parking lot below, continue walking towards the orchard and up the wadi, and visit a Carmelite monastery, a cave and two fresh springs.



The hanging bridge of Nesher Park

In the heart of the Nesher forest, 70 meters above the deep Nahal Kati'a (Kati'a creek), stretches a hanging bridge made from iron mesh.

The bridge overlooks spectacular views of the Carmel. Access to Nesher Park is very convenient. Cross the new road connecting Nesher to the University of Haifa, turn to Ramot Yitzhak, and turn left onto Haruv Street at the roundabout, until you see the KKL-Nesher Park sign on the left. You can reach the bridge by the short route, directly out of the park through the playground.

This route is easy and suitable for all ages, as well as accessible to the disabled.

You can also reach the bridge using the longer route. It is a circular and beautiful kid-friendly route that goes through the wadi and forest.

The Bahá'í Gardens

The Bahá'í Gardens are made of 19 terraced gardens, beginning at Yefe Nof and the lovely Louis Promenade and ending at the German Colony. The central stairway points towards Acre, a city of great historical and religious significance to the Bahá'ís.

At the heart of the gardens stands the Golden Dome, important temple and the resting place of a prophet of the Baha'i religion. The Shrine of Bab, with its golden dome is a symbol of Haifa, and the Baha'i Gardens are a World Heritage Site.

The gardens have a panoramic view of the city, the Galilee Mountains and the Mediterranean. It's a must-see spot for locals and tourists alike. Along the 400 meters of the Louis Promenade you'll find a Mediterranean grove alongside hidden corners, and an obelisk commemorating the 1898 visit of Emperor Wilhelm II.

The Ecological Garden at the Technion

This garden is about 20.000 sq. meters, near the Faculty of Civil and Environmental Engineering. It has a Mediterranean grove, fruit orchards and ponds.

There are different areas representing different ecosystems and habitats, where plant adaptation tests take place in order to restore plants to their natural environment.

Deir Al-Mukhraqa Carmelite Monastery

Reach the Monastery via route 672, going down Elyakim interchange. At the roundabout, at the southern end of Daliyat el Carmel, turn onto a small road leading to the Keren HaCarmel and continue with the signs pointing towards the Carmelite Monastery. The meaning of the name "Mukhraqa" is "the place of burning".

According to tradition, this is where the confrontation between the prophets of Baal and Elijah the Prophet took place. Fire from the sky lit Elijah's altar, proving that God was on his side.

The Carmelite monks chose Elijah as their patron saint and this spot in the Carmel for their monastery. A compass rose adorns the beautiful floor, pointing to the different cities you can see from the monastery.

On the way to the roof there is a souvenir shop, which has three reliefs depicting the biblical story of Elijah. The observation deck can be visited for a small fee.

Nahal Lotem (Lotem Creek)

Start the route to Lotem Creek at the Ha'em Garden. Down from the garden, to the right of the stage, where the blue marking starts, the trail passes inside a grove of Bay laurels, also known as the Daphne tree. The leaves of this plant are used for seasoning food and in the past they were also used to make victory wreaths for winners in the Olympic Games.

A short walk along the riverbed reveals an old orchard of olive trees. A blue-marked track goes through the olive trees, and then forks, with the blue track going downhill. The new green track runs down the south bank through dense evergreen bushes that grow white and purple flowers in the spring after which the wadi is named – Lotem. The track runs along the riverbed up the north bank into a wide carved cave, probably from the Byzantine period.

The marked path ends in the Ofira Navon garden. You can continue along the garden to Hecht Park and go through the pedestrian crossing at Haganah Street, straight to the beach.



Nahal Ahuza (Ahuza Creek)

The hiking trail in Ahuza Creek starts about 100 meters from one of Haifa's busiest centers: Khorev center. A modest trail marks a short descending staircase, leading to a different setting. After a 10 minute walk, you are completely surrounded by greenery, and it's hard to believe the city is so close.

There is an impressive number of butterflies in this small area surrounded by roads and buildings.

Hecht Park and Shikmona Park

If you are looking for a comfortable walk along the blue sea, make your way to Hecht Park. Its rocky terrain makes it an ideal habitat for small sea creatures. The park stretches from Bat Galim, the beach-front neighborhood, right up to HaGolshim beach at the foot of the towering hotel opposite Neve David.

The park has the largest lawns in Haifa, with typical Mediterranean coastal plants, promenades and benches. North from there lies the Coastal Nature Reserve Shikmona, the most beautiful strip of coast in Haifa.

The area was declared a reserve mainly due to a special coral reef made of snail shells that provides a unique habitat for marine animals. In the northern part of the reserve lays Tel Shikmona, a fascinating archaeological site, dating back to the 15th century BC.

Stella Maris Monastery and Star of the Sea Ridge

According to tradition, Elijah hid in a cave on the slopes of Star of the Sea Ridge. The great monastery known as Stella Maris was rebuilt several times, the last time in 1836.

The monastery is an international Carmelite center. Above the front door of the monastery you can see the symbol of the order of Mount Carmel, with a cross, topped by Elijah's sword and the verse: "With zeal I have been zealous for the lord God of hosts".

There are reliefs at the four corners of the main hall, showing central figures of the Carmelite Order. At the western wall of the church, there's a large organ used for religious ceremonies and special concerts of church music.

- 🕒 Opening hours 8:30-12:00, 15:00-18:00
- 🏛️ The church is open all week
- 📍 enter through Stella Maris
- 💰 free admission, 04-8337758

Nahal Remez and Nahal Ziv (Remez and Ziv Creeks)

Remez and Ziv creeks both flow out of the Gaborim stream. The first part of the route descends into the riverbed, and it is partly shaded. Towards the end of the riverbed there's a beautiful spot to sit and relax in, just before you embark on the harder section of the trail. You can see the remains of a large oak tree that collapsed a few years ago.

Where the trail leaves the creek, it forks into two marked trails, with: the green trail going up (after a short descent) towards

Berl Katznelson Street. This trail is about 250 meters long, but you can head to the circular trail of Nahal Ziv (which is about 500 meters, with half of it on Berl Katznelson Street until you reach Pinchas Re'em st.).

It's a very easy hike, suitable for everyone. The other trail is marked red – it turns left and becomes a steep, uphill slope on which the Ramat Hen neighborhood is built.

The trail circles the neighborhood and then climbs south, at the foot of a lovely natural cliff wall. Then the trail slopes to the Remez riverbed.

The Remez track passes through natural woodland and a pine forest. It goes past the riverbed into a public park at the entrance of the Ramat Sapir neighborhood.

The Sculptures Garden

The Sculptures Garden was founded in the 1960s at the top of Hatzionut Avenue, one of Haifa's most beautiful spots. The 29 bronze sculptures were donated by artist Ursula Malbin, an artist that used to split her time between Switzerland and Ein Hod in Israel.

- 📍 Hatzionut Ave., corner of 2 B'November St.

Mishmar HaCarmel

The Mishmar HaCarmel farm is located on a hill in the heart of the Carmel. It is built as a Khan (an old inn), and is surrounded by woods.

Archaeological remains found here indicate various settlements, across the ages. You can walk around the hill on a circular track overlooking the Carmel, the Alon and Oren Creeks, and the sea.

The farm is also a departure point for hiking, and a camping site. The site allows group activities. It's possible to stay on the farm, in larger groups.

- 📍 On Route 721. From Route 4, turn east at the Oren Junction, toward Kibbutz Beit Oren. Turn at Kdumim quarries, then follow signs pointing to the Mishmar HaCarmel Farm. The camping area is in the farm
- 📞 04-8220005

Nachal Kelach

Nachal Kelach and Nachal and Galim (Kelach Galim Creeks) are the most beautiful on the Carmel. The start of the route is at Nachal Kelach with a sign marking the beginning of the on the road to Damon Junction. About 150 meters before the intersection, there's a dirt road splitting from the paved one.

The walk down the creek is spectacular. The grove looks like it came straight out of a fairytale, and you can see why the creek was nicknamed "The Hidden Valley" or "Little Switzerland".

After a walk of about 1.5 kilometers down the creek, our blue track meets a red track, coming from Beit Oren. The red track crosses Nachal Kelach via bridge. As you walk about 100 meters to the left (south) on the red track you will see glorious Madonna lily flowers.



Photography by Zvi Rorer

To reach Galim Creek, walk about a kilometer down our blue track from the spot where it meets the red track. This is also where a green track arrives, as it comes down from Haifa University through Nahal Galim.

Nachal Kelach feeds into the Galim creek that flows from the Carmel to the Mediterranean. The blue track continues for about 2.5 km until it encounters Nahal Neder (Neder Creek).

At this point, it meets a black track coming from Nahal Neder. A 400 meter climb on the black track reaches one of the most beautiful spots on the route – Ein Kedem.

Ein Kedem

Ein Kedem's waters stem from the two tunnels carved into the mountain. The spring is flowing all year round with clear and cool water.

After a walk of about 15 meters in the tunnel you will reach the point where water springs out of the rock. Entering the second tunnel is more difficult, and recommended only for adventurous hikers.

From the spring you can continue walking with the blue track. On the opposite hillside you can see the Oranit Cave.

Here you can choose either to continue with the blue trail blue-marked trail through Nahal Galim for another 1.5 km. or choose the easy climb towards the Oranit Cave.

Nahal Mearot Nature Reserve

Nahal Mearot (Cave Creek) is one of the most beautiful and impressive ravines on the Carmel. It was declared a UNESCO World Heritage Site. This status was granted to this area mainly due to the fossilized reefs that rise to a height of tens of meters where creek leaves the mountain for the coastal plain.

The reefs are ancient and have large and impressive caves, which served as dwellings for ancient civilizations. There are five caves that are very close to one another, and are included in the complex:

the Tanur (Oven) Cave, the Gamal (Camel) Cave, Nahal (Creek) Cave, Gdi (Capricorn) Cave and a nameless cave west to the Oven Cave (closed to visitors).

Another cave upstream is the Haruv (Carob) Cave. Extensive archeological excavations have been carried out in the caves, and many finds have been unearthed, pointing to ancient settlements such as flint tools, ancient tombs and more. The reserve is also rich with animals, such as wild boars, badgers, bats, birds, reptiles and more.

- 📍 Enter from Highway 4
- 📞 04-9841750
- 🕒 Sun and Thurs 8:00-17:00
- 🕒 Fri and Holidays 8:00-16:00
- 🎫 Admission fees
- 🌐 parks.org.il

The Haifa Staircases

During the 20th century, the city of Haifa turned from a small settlement at the foot of Mount Carmel into a large city on the ridge. During this urban expansion process, neighborhoods were built up the mountain, and to facilitate the passage between them, many staircases were built.

There are four main staircases going down from the Carmel center (Gan Ha'Em) to different places Downtown and the surround area. There are signs (but they are not always up to date), and some integrate into the new "Haifa Trail". You can park near Gan HaEm, walk down, and take the Karmelit back up during its operating hours.

Haifa Trail

The Haifa Trail is a very long walking and cycling path (about 70 km!) consisting of 21 sections of hiking and sports routes, all around the city.

Each of the sections is its own adventure but they all combine into one huge urban trek that lets people discover Haifa by foot.

🌐 haifatrail.com



Family-Friendly Activities

HAIFA IS FULL OF KID-FRIENDLY ACTIVITIES: RIDES ON THE CABLE CAR, INTERACTIVE GAMES AT THE MUSEUM, A SPORTS PARK, BEACHES AND ZOOS

Haifa Educational Zoo

The Haifa Educational Zoo is situated in the heart of the city – in Central Carmel, on the northern bank of Nahal Lotem and near Gan Ha'em.

Founded in 1949 by the late agronomist and educator Pinhas Cohen, the zoo is home to more than 100 animal species, including such rarities as Bengal tigers, leopards and caracal wild cats. Cohen was Haifa's first naturalist and one of the founders of the legendary Reali School and of the organization that eventually gave birth to the Society for the Protection of Nature in Israel.

The reptile pavilion, in the Biological Institute building, is home to dozens of species of snakes both native to Israel and not, plus several varieties of lizards and turtles.

The petting corner is a kids' favorite, as they cuddle and take selfies with all the animals: goats, deers, rabbits, hamsters and more. Evening tours and night safaris are also available.

The Haifa Educational Zoo was recently accepted into EAZA, the prestigious international zoo organization, which paves the way for receiving rare and endangered animals from around the world and help ensure their survival.

- 📍 124 Hatishbi
- ☎ 04-8338888
- 🕒 Sun-Thurs, Sat 9:00-19:00; Fri 9:00-15:00
- 🎫 Admission charge
- 📌 The Haifa Educational Zoo was recently accepted into EAZA, the prestigious international zoo organization.

National Maritime Museum

Dedicated to the history of seafaring and the connection between man and the sea in the area, the National Maritime Museum showcases various exhibits covering 5,000 years of history.

The museum was established in the Beit Yordei Hayam building on Hanamal Street in 1953 by Arye Ben-Eli. Today, it is located in a large structure on Allenby Street.

The permanent exhibition covers two floors and is subdivided into periods and various topics concerning humankind's connection to the sea, including underwater archaeology. The ship models are particularly impressive. In addition, the museum stages visiting exhibitions from

its collection and host art shows of Israeli and foreign sea-related art.

- 📍 198 Allenby Ave.
- ☎ 04-8536622
- 🕒 Sun, Tues, Wed, Sat 10:00-16:00; Thurs 10:00-18:00; Fri 10:00-14:00; Mon closed
- 🎫 Admission charge
- 🌐 nmm.org

Madatech Science Museum

Madatech, the National Museum of Science, Technology and Space, is Israel's biggest science museum. Its goal is bringing the Israeli public closer to science in interesting and enjoyable ways. Madatech includes more than 20 permanent exhibitions, a science park and other exhibits on science and technology. Most exhibits are interactive, inviting the visitor to touch, try, operate and experience them. In addition to the various exhibitions, there is the Cinematrix, a three-dimensional multi-sensory cinematic experience with comfortable seats and amazing effects. The museum is located in the historic Technion complex in Hadar Hacarmel, sprawling over a wide area including the northern gardens and a palm tree planted by Albert Einstein, during his visit to the country in 1923.

- 📍 25 Shmaryahu Levin
- ☎ 04-8614444
- 🕒 Mon, Tues, Wed, Fri 10:00-15:00; Thurs, Sat 10:00-17:00; Sun closed
- 🎫 Admission charge
- 🌐 madatech.org.il



Photography by: Zvi Rager

Hai Bar Carmel Nature Reserve

Unlike zoos, the Hai Bar on the Carmel is dedicated to raising and then returning to their natural habitat endangered animal species or those who have become extinct in the wild. Over the last 200 years. For that reason, the animal population of the reserve is relatively small, including mammals, predatory birds and amphibians. Hai Bar's rich Mediterranean forest is also home to several mammals brought to Israel as part of a search for animals mentioned in the Bible and in the diaries of travelers who visited the Land of Israel over the last few hundred years. A visit to Hai Bar provides a rare opportunity to see rare animals up close, such as eagles, which are in danger of extinction in Israel. In Hai Bar, there is no petting zoo and viewing the animals is only possible from behind a fence. There are guided tours on Saturdays at 08:00 – 16:00 at no additional charge.

- 📍 Hai Bar Carmel is located 300 meters south of the entrance to the University of Haifa campus, on the Haifa-Isfiya road (No. 672).
- ☎ 04-8320648
- 🕒 Sun-Thurs, Sat 8:00-17:00; Fri 8:00-16:00
- 🎫 Admission charge
- 🌐 parks.org.il

Haifa Cable Car

Riding the cable car to the top of the Carmel ridge and back, feels like floating through the air in three transparent balls. The cable car which runs between the end of the Bat Galim seaside promenade and the Stella

Maris observation point offers spectacular views of the sea shore and the Carmel ridge. The one-way trip takes only five minutes, but the vistas – of the mountainside, the city and the water – are fantastic. Either both ways or just to Stella Maris and then walk downhill for 20 minutes via a steep path. At the top there are several restaurants, the Stella Maris monastery, Elijah's Cave and an observation point, from which you can see old Acre and, on a clear day, Rosh Hanikra, far to the north.

- 📍 Bat Galim Promenade (lower station) or Stella Maris (upper station)
- ☎ 04-8335970

XPark

An extreme sports park, located in the southern area of the city, provides a memorable experience. Three separate areas inside the complex differ greatly in spirit and character – a height activities area, a mini-football (soccer) pitch on artificial turf and a Paintball combat zone. Activities are suitable for both pros and beginners. Near the Congress Center, extreme sports devotees will find the Yoav wall, a 16-meter climbing challenge (climbing wall for kids is also available), with mats, harnesses, ropes and professional supervisors; a rope bridge for swinging from place to place with the help of beams and nets; an 80-meter-long omega; mini-soccer; a professional skate park; trampolines and bungee jumping. Appropriate for children of all ages and brave adults.

- 📍 Congress Center, Kdoshei Iasi St.
- ☎ 1-599-524-400
- 🕒 The omplex operates every day, but with different hours for various facilities. Checking info on the website (xpark.co.il) is recommended.
- 🌐 xpark.co.il
- 🎫 Admission charge

Galei Haifa – Public Municipal Pool

A new municipal pool was recently added to the many amenities of Haifa, in April 2022. It's located in a very scenic spot, with one side facing the Mediterranean and the other towards Carmel mountain. In addition to 3 pools (one indoor, two outdoor), you can enjoy the manicured lawn, playground for the kids. The cafeteria serves Mehadrin Kosher food.



Photography by: Zvi Rager



DID YOU KNOW?

Haifa has several family friendly walking trails. Kids love the mysterious winding stairway paths.

- 📍 1 Zvia velzhak st.
- ☎ 04-8529611
- 🕒 Sun-Thurs 6:00-23:00; Fri 6:00-18:00; Sat 7:00-18:00, Indoor pool from 9:00
- 🌐 hec.co.il/sport-complex

Dan Karting – Motoring Complex

Another activity for lovers of extreme sports – at Haifa's southern entrance Israel's largest covered karting track featuring the world's most advanced karting vehicles, a simulator room, small bumper cars and more. Dan Karting also offers training for competitive driving and racing. Driving is permitted for children aged 12+ or over 1.4 meters tall.

- 📍 4 Moshe Flieman St., Azrieli Haifa Shopping Center
- ☎ 04-8501060
- 🕒 Mon-Thurs 14:00-22:00; Fri-Sun 10:00-22:00
- 🎫 Admission charge
- 🌐 dankart.co.il
- 📍 4 Mahanayim St., Central Carmel
- ☎ 03-3033305 (Shai)

Railway Museum

The Israel Railways Museum is located in the historic stone building between the Shemen Beach and Downtown Haifa, which once served as Haifa Mizrah, the station from which the famous Valley Train departed. The story of trains in Israel – from historic to modern – is told through a wide variety of displays and installations, against the backdrop of Israel Railway's

traffic through the station and views of Haifa and Mt. Carmel. Engines, cars, tickets, timetables and more are on display. Group tours can be arranged in advance.

- 📍 1 Hativat Golani Rd.
- ☎ 04-8564293
- 🕒 Sun-Thurs 8:00-15:30
- 🌐 rail.co.il
- 🎫 Admission charge, free for parents

City Quest – The Last Seal

An exciting open-air game, where participants can become spies on a mission to thwart a radical terrorist organization – as the fate of Haifa hangs in the balance. It all begins with a terrible epidemic hitting European crusaders in 13th century Israel, and a secret message kept under seal that the now dead ruler of Haifa had left for his successor to find. The plot then moves to 21st century Israel as a huge biotechnology corporation is bent on recreating the plague by releasing a deadly virus in Haifa. Your organization sends you to infiltrate the corporation to try and thwart the plot. Great for thrill-seekers and history buffs.

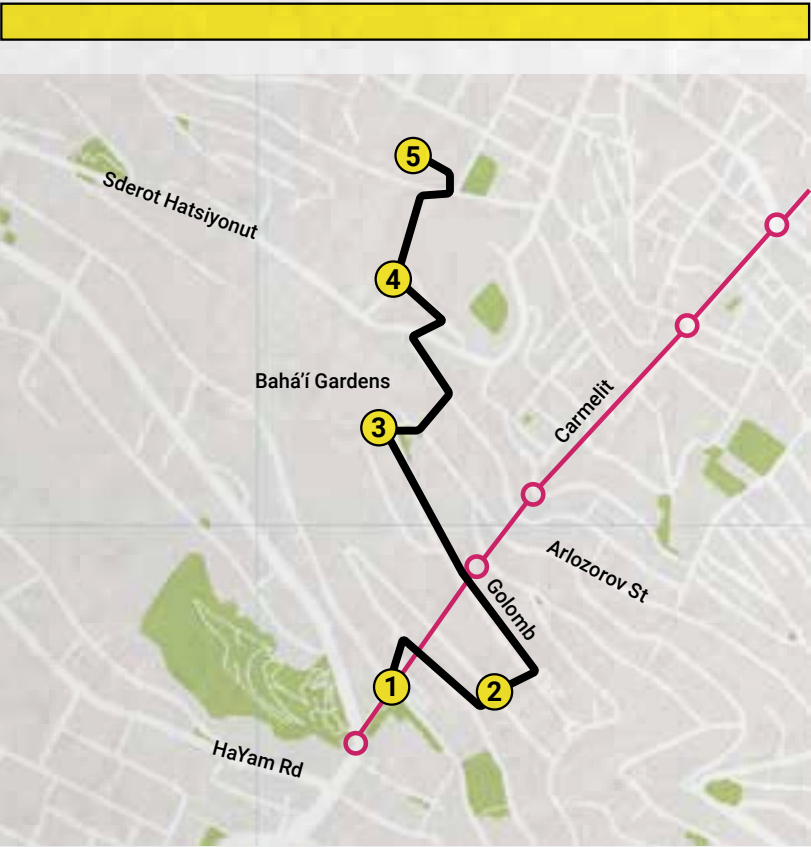
- 📍 8 HaBankim St., Downtown
- ☎ 04-8558025
- 🌐 quest-ion.co.il



Day Trips

WHETHER YOU'RE A SERIOUS HIKER OR NEED HELP PLANNING YOUR DAY OUT, HERE ARE SOME OF OUR SUGGESTIONS

1 CITY TOUR ROUTE



1,000 STEPS

Starting Point Central Carmel | Ends at German Colony

Length 1 km | Duration Up to 2 hours

If there's something frustrating about Haifa (and Jerusalem too for that matter) it is the issue of bicycles. The bicycle, which in Tel Aviv is considered an efficient means of transportation, simply doesn't work in a city that's all slopes and hills. As for those who claim: "nonsense, a little fitness is good for you," ask them to pedal up Freud Road. That may be why Haifa's staircases are such an attraction. Dozens of them connect upper and lower Haifa, helping residents

maneuver the city. Ironically, the city began developing from the bottom up, starting with Downtown and the German Colony, via Hadar Hacarmel and the neighborhoods above it to Central Carmel.

The staircases offer scenic vantage points, colorful lanes and hidden spots. Instead of wearing yourself out climbing the stairs; proceed from the top and make your way downtown.

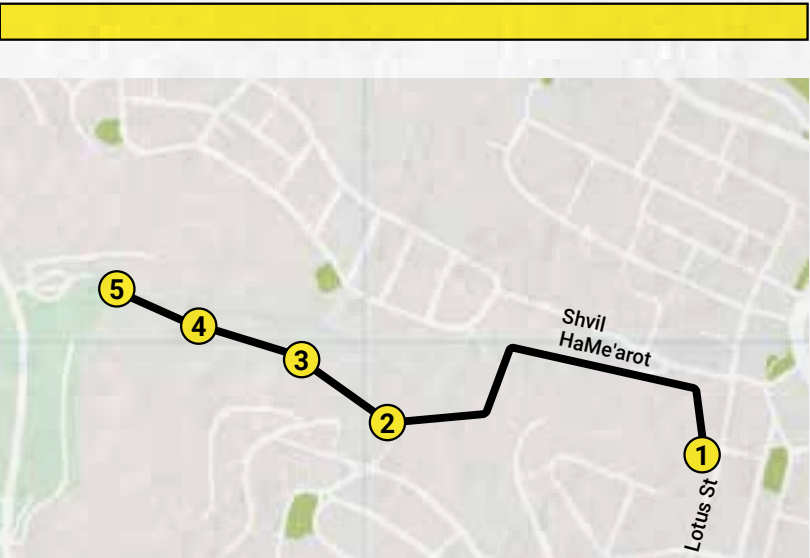


Recommended starting point for the journey of 1,000 steps is **Yefe Nof Street ①** ("beautiful view" in Hebrew). From there, you can see the Krayot suburbs as well as the mountains of both the Upper and Lower Galilee and on a clear day, even Mt. Hermon. At the corner of Yefe Nof and Sha'ar Halevanon you'll find the staircase leading down to Henrietta Szold Street. The route was once called the Donkey's Path because of the donkey caravans carrying construction materials in the 1920s and 30s. Pines are scattered between oaks and terebinths (Ela in Hebrew). Descending further down via HaHasmonaim Street, turn left onto the **Gamla steps ②** to Golomb Street, then left again down to the **Universal Hall of Justice, ③** the seat of the Baha'i faith's highest religious authority, which governs communities all over the world. Haifa is the world center of the Baha'i, a relatively young religion founded in Persia in the 19th century. The religion's prophet, Báb, born Sayyed 'Alí Muhammad Shírází is buried in the gold-domed temple known as Shrine of the Bab. Opposite the gate of the Hall of Justice, which unlike the Shrine of the Bab is not open to the general public, we descend on the , turn left at Hillel and cross Hatzionut Boulevard, where we get a closer view of the golden dome. Hatzionut (Zionism) was originally called U.N. Boulevard in recognition of the international organization's decision to establish a Jewish state. The name was changed in 1975, in protest against the

General Assembly's infamous resolution equating Zionism with racism. Near house number 64, another descent on the **Shifra steps ④** leads us to low stone houses with decorative gardens and Mediterranean style fruit trees. Christians, Muslims and Jews live here as good neighbors. At the end of the steps, on Abbas Street you'll find the Sisters of Nazareth Convent. The street is named after Abbas Effendi, aka Abdul Baha, the son of the founder of the Baha'i religion. After the death of his father, he worked to spread the new religion around the world and built the Baha'i temple on Mt. Carmel. He died in Haifa, in 1921, and was buried alongside Bab. Only later was the golden dome erected over their tomb. After descending another set of steps you'll reach **Abbas and Hagefen streets. ⑤** These were the streets where Haifa's Muslim and Christian elite once lived;

HaCramim and HaGefen streets commemorate the vineyards planted by the Templers on the slopes. Here we can see, large and elegant stone houses, surrounded by wide courts. Turning left on Hagefen, we'll notice the difference between Templer houses and houses built later by Christian Arabs. Upon reaching the square, we will see the German Colony (Ben-Gurion Boulevard), on the way to Beit Dagon and the Baha'i Gardens in their entire splendor. At the end of the tour, those who took it face a decision – climbing back up 1,000 steps or just hopping on Bus No. 22, which does not operate on Shabbat.

2 CITY TOUR ROUTE



NAHAL SIAH

Starting Point Lotus Street | Ends at Cemetery, Kfar Samir

Length 3 km | Time Up to 2 hours

Nahal Siah gets its name in Hebrew and Arabic from the hikers who frequent it. In both languages, it is derived from words meaning "tour" or "hike." The walk begins on **Lotus Street. ①** Descend to the right near the black trail mark, first on the asphalt road and then down the stairs, into the heart of the gully.

In the upper part of the valley we can spot exposed chalkstone. Birch trees are seen at the valley's southern bank, while on the northern bank, which is exposed to the sun, there are many thorny shrubs typical of

the Carmel and flowers are still in bloom in the winter time.

The trail continues through a forest, where we can spot tangled climbing plants and wild aromatic herbs. After about 600 meters we reach Nahal Siah's southern branch. At the intersection, we see the remnants of an **old lime pit, ②** a round hole in the ground encircled by rocks in which chalk was burned to turn it into the lime that was used to line water wells and prevent seepage.



When the pit was active, a dome-shaped stone building contained chalk meant for burning. Fuel was inserted into the pit itself through a special aperture. The fire burned for 3-6 days, depending on the size of the pit; when the dome began glow red, the fire would then be put out. The opening was then sealed for several days and then the final product, burned lime, was removed from the pit.

Another 200-odd meters down the gully lead to a small orchard of pomegranate and fig trees and a lovely spring on the left bank, hidden by a **line of cypress trees ③**. The spring's waters accumulate in a pool. The spring has been given many names – in the past it was called Ma'ayan Eliyahu (Elijah's Spring) and it's now called Ein Faraj, the Spring of the Salvation. Tradition has it that the Prophet Elijah drank from its waters and that anyone drinking from them recovers completely.

Not surprisingly, in recent years the spring has become a place of pilgrimage for members of the Chabad Hasidic movement. A word of caution: Despite the medicinal powers attributed to the spring, don't drink its waters (or those of other spring in this gully).

Opposite the spring, on the northern bank, we spot Ma'arat Komatayim (the Two-Story Cave), where monks living on the Carmel went for solitude. It's a natural cave that was expanded by quarrying, with an entrance that is closed with a door. It is also known as Ma'arat Hasusim, the Horses Cave, due to the stalls on its first floor. Here you can also see the remnants of a Crusader-period church and monastery.

Beyond the church, there's a modern Carmelite chapel, surrounded by a fence. Go up the stairs on the left for a view from above of this chapel, built of local white chalkstone. Stones brought from the coastal plain were used for the entrance.

Catholic and Carmelite monks live here and secluded themselves in a nearby cave, as far back as the Byzantine period. Nahal Siah was popular with monks due to the belief that the Prophet Elijah lived in the area. The church at the site was built in the 13th century. According to one version, in 1238, before the fall of the Crusader kingdom,

the Carmelite order left the Holy Land after Muslims massacred their monks.

The name of the wadi, Valley of the Martyrs, commemorates the massacre. In his book "Haifa or Life in Modern Palestine", British 19th century historian and Haifa resident Laurence Oliphant wrote (page 37) "There came a day, however, when their peaceful solitude was rudely disturbed. In 1238 the Saracens came upon them unexpectedly, and massacred them all, not leaving one to tell the bloody tale.

There seemed to be no record of the actual number who fell victims upon this occasion, but they must have been very numerous."

Continuing to descend, we come to the **pool that is filled with water from a pipe ④**. This is Ein Siah, a spring that provided water for Central Carmel neighborhoods in the 1930s. Above us is a slope dotted with red and yellow.

Those are euphorbia dendroids (halabolbei hasiah), a rare plant found in Israel only on the western Carmel.

Another few steps along the trail there's a long staircase (300 steps) leading to the Halavluv. We reach an orchard with stone fences and concrete flowerbeds, with open canals between them spilling into **small pools. ⑤** It's the bustan of Aziz Khiat, a member of a Christian family that was among Haifa's wealthiest during the British Mandate years.

It was built as a holiday site, with a club, a cafe and three swimming pools. Family members and their guests descended to the orchard on the steps we saw previously. The Haifa Municipality and the Keren Kayemet recently completed a program to develop and renovate the valley and stream.



3 CITY TOUR ROUTE



THE BEST OF STELLA MARIS

Starting point Stella Maris | Ends at Bat Galim Promenade
Length 4 km | Duration Up to 2 hours

The trail begins alongside the **Navy Building**, ① opposite the Carmelite church and monastery, in the midst of Carob and Mastic trees in a natural forest. Several paths lead to a small domed building – the **Holy Family Chapel** which originally served as a windmill. ② From several terraces next to the chapel and above it, there's a wonderful view of the sea and Haifa's neighborhoods.

This is the best place to understand a passage from Jeremiah that says: "...and Carmel by the sea, it shall come about" (46.18). The northwestern summit of Mt. Carmel descending towards the sea, whose western end is the most prominent on the Israeli coastline with only a small strip separating it and the sea. From here, the sea can be viewed from three directions – west, north and east. The Bat Galim neighborhood and the medical school building come into view, as do the Surfers and Shikmona beaches, the Maritime Institute, Tel Shikmona, the Shprinzak neighborhood, Sha'ar Ha'aliya and Neve David. From the chapel, descend on a path marked with stones. The pathway winds down the mountain. The way to **Elijah's Cave** ③ passes an ancient water well.

According to tradition, the Prophet Elijah lived in the cave when he hid from the

wrath of King Ahab. The cave is holy to all religions and communities – even today, it is visited by Jews, Muslims, Christians and Druze, and has become a symbol of coexistence. Christians believe Jesus and his family hid from King Herod in it. Under the British Mandate, the place was the property of the Muslim wakf, Wakf al-Qadr (Green). After Israeli independence the cave has been under the care of the Ministry of Religious Services. Very few historical sources connect the place with Elijah; identification of the place is based on very old traditions about this harbinger of divine wrath's penchant for solitude in deserts and mountains, and living in caves.

It's commonly believed that Elijah lived in the cave at the foot of the Carmel near the Haifa shore. This tradition was already familiar to medieval Jewish traveler Rabbi Benjamin of Tudela and is repeated by many other travelers and pilgrims. Various sources indicated that there was a synagogue here. Like at all holy places, the place was regarded with respect. Visitors to the cave recited Psalms, lit candles and took oaths.

According to one of the testimonies, there were those who immersed themselves in the sea before ascending to the cave, which was believed to have special powers



in healing the sick and mentally ill. Those people were brought to the caves from many places, even from neighboring countries. It was customary to etch the names of the sick on the cave walls as a talisman.

Another unique quality of Elijah's Cave (like the caves of Shamaï and Hillel, two famous rabbis, on Mt. Meron elsewhere in Israel) is that it purifies itself from visits by the impure by sprinkling purifying waters. The cave had been a destination for pilgrims at all times, day and night including the Sabbath and holidays. Many people congregated at the cave and nearby rooms. In addition to pilgrimages to the cave, mass visits took place on two dates: The first Sunday after the Sabbath Nachamu is traditionally dedicated to Elijah as the prophet of deliverance, and the Lag Ba'Omer holiday. The custom was traveling to Meron on the night of Lag Ba'Omer and to Elijah's Cave in the daytime. Pilgrimages to the cave were stopped when the "owners" took control of the cave.

From Elijah's Cave we head towards the sea, so we must cross the highway and the Allenby interchange and descend on stairs to **Surfers Beach**, ④ the only beach in Israel facing north. The westerly winds parallel the shoreline are strengthened by

the Carmel ridge descending to the sea. It's not only a local beach for surfers – professional and amateur surfers flock to it from almost every country. **Bat Galim**, ⑤ north of the route, was built in the 1920s as a garden suburb outside the city. Bat Galim's original houses were one story high.

Many houses from the 1920s and 30s still remain, some of them in the International Style (Bauhaus) that still stand out among their neighbors. Some old buildings along the **Bat Galim promenade** have been abandoned. They are designated for preservation and can't be demolished, but renovation isn't worthwhile, so their owners have sealed them with concrete blocks to save on property tax. While you're here, try the ice cream at Glidat Tel Hanan: it's Israel's best ice cream, without any doubt.



Walking Tours

DISCOVER HAIFA BY FOOT, WONDERING THROUGH ITS STREETS AND SITES:
THE LOUIS PROMENADE, THE STELLA MARIS MONASTERY, THE HADAR
NEIGHBORHOOD AND WADI NISNAS

**A Dramatized Tour –
Haifa’s beauty**

A fascinating journey across the Carmel, on which you'll meet Frederick Keller, one of the pioneers of the Carmel settlement. Meet Nellie Shumacher and rediscover the Carmel through the eyes of a heartbroken British soldier.

**A Dramatized Tour –
a Templers’ Celebration
in the Colony**

Meet the people who played a major role in the Haifa settlement in 1882, from Naftali Hertz Imber, author of Israel's anthem, to Schumacher, the architect of the Colony and many more.

360 Haifa (panoramic tour)

A panoramic tour of the city's most beautiful vantage points.

A Tour of the Old Center

A tour of the old Carmel Center, Haifa's beating heart. The shops, cultural centers, Gan HaEm and Louis Promenade – the promenade with the most spectacular view ever. Stroll through the historic Hatzionut Avenue and visit the beautiful Yefe Nof ("scenic") Street.

**The Great Women
(Walking Tour)**

The streets of Haifa hide within them hundreds of fascinating stories of brave women from different religions and nations, who all contributed to shape the city into what it is today.

Story Time Walking Tour

An inspiring tour of places and sites that inspired such writers as A. B. Yehoshua, Sami Michael, Eshkol Nevo and others.

**“A Trumpet in the Wadi”
(Walking Tour)**

Sami Michael's novel "A Trumpet in the Wadi" explores the fascinating Wadi Nisnas neighborhood.

**The Haredi World in Haifa
(Walking Tour)**

A Haifa Haredi is unlike a Jerusalem or a Bnei Brak's Haredi. This fascinating tour explores the world of the ultra-Orthodox in the Hadar HaCarmel neighborhood and Ramat Vihznitz.



Architecture Tour

A series of walking tours discovering Haifa's most fascinating buildings:

- The Age of construction: the 20th century saw many impressive buildings erected in the city.
- Haifa, the gate to the east: the story of the journey to independence through the eyes of the British.
- From the cradle to the grave: stories of the houses and families that constituted the German Colony.
- Architecture in Haifa: A staircase tour of International Style buildings in the city.

A City and Country

A tour that includes the Louis Promenade – the promenade overlooking Haifa and the North, the German colony and a visit to Druze villages.

Six Religions, Six Hours, One City

A tour focusing on religions and coexistence in Haifa. The tour includes a walk in the Bahá'í Gardens, a visit to the Stella Maris monastery, a lecture at the Ahmadiyya Mosque and a tour of Wadi Nisnas.

**Following the Templers
in the Wadi**

A tour of the German Colony following the Templers and from there through the alleys to Wadi Nisnas, the Christian-Muslim neighborhood. The tour will focus on religions, coexistence and the city's special atmosphere.

Tfadalú (theatrical tasting tour)

Tour the streets and paths of Wadi Nisnas and taste the food hand-picked by the TV Chef Gil Hovav.

**Hadar HaCarmel –
Following Yair’s Trumpet**

Theatrical tours with Yair Harden in Hadar HaCarmel neighborhood, which was founded in 1920, and became an economic, social and commercial center.

**A Thousand Stairs –
One Man Show**

Haifa has it all: mountains, the Carmel forest, the Bahá'í Gardens, the port and the German colony. From the top of the Carmel, descend the path of a 1,000 stairs: a sequence of stairways and streets, old houses, fascinating stories and spectacular views.

**A Revolutionary Tour
(Walking Tour)**

Haifa has led many revolutions in various fields. This tour will begin with the industrial revolution in the port, continue with the technological revolution of the Technion and will end with the social revolution in Wadi Salib.

**Street magic
(Walking Tour)**

A tour with fascinating stories about the historical background of the Templers and the professionals who lived in the Templers community. Discover the story of the German Colony and its historical significance.

**Haifa – Personal Style
(Walking Fashion Tour)**

Personal styling for true fashionistas. This tour is designed for up to four women. It opens with a luxurious breakfast at a cafe and a personal interview with a stylist who will take you to "secret" and special stores across Haifa. Your wardrobe will be magically transformed!

**Vintage Haifa
(Walking Fashion Tour)**

For all those who love second-hand stores, this is a fun tour in the most unique shopping centers in Haifa.

**Magic on Panorama Street
(Walking Tour)**

The tour with mentalist Yoni Aladini starts at Crowne Plaza Hotel, continues in the Baha'í Gardens and ends on the Louis Promenade. Yoni will offer you a fascinating experience,



full of humor and talent. Yoni will tell you about Sadat's visit to Haifa, the Ottoman cannon, the story of Dan hotels and more.

**Magic in Hadar
(Walking Tour)**

In this tour, Yoni Aladini will take you through the streets of Hadar to Talpiot Market. You'll get to see beautiful Muslim and Christian homes, hear stories about Wadi Salib, the Citadel, the story of the city hall building and more.

**Magic in Downtown Haifa
(Walking Tour)**

In this tour you will hear about the history of Downtown Haifa and of Haifa as a port city, all this with the amazing abilities and the incredible story telling talent of the international mentalist Yoni Aladini.

**Wadi Nisnas
(Walking Food Tour)**

A tour in which you will meet shop owners along Wadi Nisnas, hear stories about artists and art, Arab architecture, and local historical cultural figures.

**Bat Galim Neighborhood
(Walking Tour)**

The history of the old Jewish neighborhood from 1922 onwards, through interesting houses, such as, the Rosenfeld House, a house once visited by the King of Belgium, the first social housing in Palestine, set up by the British for Jewish veterans of WWII.

**Haifa from Sea to Sea
(Walking/Car Tour)**

Bat Galim with its historic buildings, the best windsurfing beach in Israel, the neighborhood of Ein Hayam / Wadi El Jamal, the Israeli Oceanographic and Limnological Research Center and the Tel Shikmona archeological site.

**A Journey on the Karmelit
(Walking and Riding the Karmelit)**

A tour of Haifa using the Karmelit train-including the perfect vantage point for looking down over the city of Haifa, the Bahá'í Gardens and the beautiful surrounding hills and valleys.

Football in Haifa

Some say that football is the religion with the largest community of believers in the world, and Haifa happens to be home to one of Europe's most magnificent football temples – the Sammy Ofer Stadium.

**Downtown Haifa
(Walking Food Tour)**

Meet the shop owners of the Haifa's revived Downtown scene. With fascinating stories about people that cast their anchor in here, street art and a bit about architecture styles.

Downtown Pub Crawl

Haifa's Downtown Pub Crawl has lots of pubs full of personality. Beer taps and wonderful homemade food await you in the city's bars.

**Haifa Sunset Adventure
(Car Tour)**

Enjoy Mount Carmel as it is bathed in the golden light of dusk and behold the spectacular sight of the sun setting on Haifa Bay.

Graffiti Tour (Walking Tour)

Explore the graffiti capital of Israel.

**Flowers and Nature in the Carmel
(Walking/ Car Tour)**

Each spring, the green grass returns with saffron flowers dotting the slopes.

A Tour Backstage (Walking Tour)

Meet an actor of the Haifa Theater company and discover the process behind staging plays, from casting, rehearsing, and stage lighting.

Sculpture Tour (Walking Tour)

Discover the sculptures peppered across the city. Many artists have left their mark in the city in the form of beautiful statues and sculptures.

Haifa Shuk and Cook

Sharon and Yael hold culinary tours of the Downtown Haifa and Wadi Nisnas, and also receive guests at their home in Bat Galim. They also offer cooking workshops outdoors and at home.

Tarbut Achila (Edible Culture)

Naama and Alex Sobol have been writing a blog about food and culture in Haifa for over 10 years now, as well as producing local festivals. Join their tours and discover the rich culinary and cultural diversity of Haifa, in a variety of locations – Wadi Nisnas, Talpiot Market, Masada Street and more!

The Makers

An exploration of the artisans working in the Lower City. The tour includes workshops filled with stories about the city's artisanal past and present.

- 📞 To book tours for individuals and groups: 1-800-30-50
- 🌐 haifatour.co.il

360 Tour

Haifa in a series of panoramic views. Travel between the various scenic points of our city and return with unbelievable pictures and memories that will stay with you forever.

Not the Champs Elize tour

Walk the old Carmel Center – the beating heart of Haifa. Shops, cultural center, Gan HaEm park and Louis Promenade with some of the best views in the country. We will also walk the historical Zionut Street and get to feel as if we were transported abroad. Finally, we will tour Yefe Nof (Scenic) Street, a street that fully earned its name.



Food & Drink

HAIFA’S INHERENT DIVERSITY IS PERFECTLY REFLECTED IN ITS RICH AND ECLECTIC CUISINE WITH ENDLESS DELICIOUS OPTIONS TO CHOOSE FROM

HADAR HACARMEL

Hadar may be one of the largest neighborhoods in Haifa, or indeed the country. It’s an eclectic collection of streets with a heterogeneous population: immigrants from Russia, Arabs and Jews, students and young artists. Hadar has a bit of everything: every kind of food shop and eatery, mainly cafes in the upper section, a wide range of food stalls and ethnic restaurants in the Wadi.



UPPER HADAR

Leibel Pastry Shop

Yehuda Leibel – who learned his trade from legendary pastry chef Kestler, one of the very first in Israel – has been running the place for 45 years. There are strudels, cream puffs, cream cakes and a variety of baked goods, but the fruit cakes and especially the apple cake, are the stars of the show. The apricot cake is an absolute must during the brief apricot season.

- 📍 8A Arlozorov St.
- 📞 04-8674002
- 🕒 Sun-Wed 6:30-18:00; Thurs 6:30-19:00; Fri 5:30-15:00; Sat closed

Inside Out

Masada Street’s beautifully designed sushi spot, where diners can choose their own sushi ingredients.

- 📍 19 Masada St. | 📞 04-8622262
- 🕒 Sun 14:00-23:00; Mon-Thurs 12:00-23:00; Fri 11:00-17:00; Sat closed

Puzzle Cafe

The street’s oldest cafe and a meeting place for the local LGBT community. The toast and drinks are to die for.

- 📍 21 Masada St. | 📞 054-8660879
- 🕒 Sun-Fri 8:00 until the last customer, Sat noon until the last customer

U-Bahn

Haifa has a lot of unique attractions to offer. One of them is the Carmelit, the shortest subway in the world and, currently, the only subway in Israel. In front of the Massada station of the Carmelit Elias opened a cafe called U-Bahn, with a huge map of imaginary subway lines that connect all of Haifa. This is a friendly, informal place that offers pizza and burgers, as well as many great vegan options.

- 📍 30 Masada St. | 📞 04-9505855
- 🕒 Open all week, 9:00-00:00

Elika ArtBar

Elika is where poetry evenings and discussions about the state of the world take place, but it’s also the perfect spot for a light-hearted social gathering. The fresh salads and labane are a must.

- 📍 24 Masada St. | 📞 04-8643274
- 🕒 Daily 7:00-1:00

Cafe Hapina (Corner Cafe)

A spacious and pleasant neighborhood cafe at the end of Masada Street. Exhibitions and jazz performances are regular fixtures. Quiches and home-made cakes made from recipes the owner’s grandmother lovingly passed down, are a definite must.

- 📍 43 Masada St. | 📞 04-6275846
- 🕒 Sun-Wed and Sat 8:00-midnight, Thur-Fri 8:00-1:00

Cafe Masada

A small underground cafe that has become an institution and a symbol of Masada street – an enduring meeting place for locals who frequent it in all hours.

- 📍 16 Masada St. | 📞 052-6373973
- 🕒 Daily 8:00 until the last customer

Cafe Yaara

Formerly “Cafe Tipool” that shut its doors due to tragic circumstances, now reopened by the owner of Falafel Bar Giora. “Yaara” is named after the owner’s daughter, but the name Tipool is also listed on the sign, in memory of the last owner. The menu continues to offer great vegan and vegetarian food.

- 📍 1 Masada St.
- 🕒 Sun-Thurs 9:00-00:00; Fri 8:00-00:00

Café Rai

A joyful place overlooking Balfour Street. A great place to while away the time nursing

a cup of something and noshing on yummy treats. We recommend the focaccia and the ara’is, a pita stuffed with ground meat.

- 📍 2 Hillel St. | 📞 077-6040810
- 🕒 Daily 8:00 until the last customer

Falafel Bar Giora

Your friendly neighborhood falafel stand that can compete with the older, more established falafels. In addition to falafel, they offer other delicacies such as shakshuka, sabich, arais (crispy pita stuffed with minced beef) and even knafe for dessert. The prices are more than reasonable and you can get food delivered to you, including a “Fixed meal offer” that has enough food for several hungry friends.

- 📍 2 Bar Giora St. | 📞 052-4844305
- 🕒 Sun-Thurs, Sat 10:30-20:30; Fri 10:30-17:30

MIDDLE HADAR

Hauga (The Cake)

A small cake shop whose eclairs are a legend and krantz cakes that are a dream. The atmosphere invites to escape the street’s bustle and sit for a while.

- 📍 14 Herzl St. | 📞 04-8666925
- 🕒 Sun-Thurs 7:00-20:00, Fri until the start of Shabbat

Hamisada shel Ima (Mama’s Restaurant)

A great place to try Ethiopian food. The wonderful owner will serve the daily special with a smile. Everything’s fresh and prices are surprisingly low.

- 📍 20 Hanevi'im St. | 📞 050-8526549
- 🕒 Sun-Thurs 12:00-19:00; Fri 11:00-16:00; Sat closed

Torta

A cafe not far from the Haifa Museum of Art. This is a second branch of Torta, with the original cafe located in Acco. Beautiful, spacious and full of light, the cafe offers great drinks and a comfortable veranda.

- 📍 13 Shabtai Levi St. | 📞 1-700-553536
- 🕒 Daily 9:00-22:30

TALPIOT MARKET & SURROUNDINGS

Djerba Tunisian Sandwich

The star of the show here is the Tunisian fried sandwich aka the “Fricassee”. These sandwiches are made of white flour or sourdough buns and traditionally contain tuna, homemade pickled lemon, potato and hard-boiled egg. You will find vegetarian and gluten-free options as well.

- 📍 21 Sirkin St. | 📞 050-7263796
- 🕒 Sun-Fri 10:00- 16:00; Sat Closed

Hamachbesa (The Laundromat)

Welcome to one of the city’s most indulgent of places, where your laundry gets done while you enjoy delicious food at entirely reasonable prices. Noga and Ron are always ready to improvise outside the extensive menu, making everything from scratch –



including the bread, focaccia and pizza.

- 📍 45 Hehalutz St. | 📞 077-5262715
- 🕒 Sun-Thurs 9:00-20:00; Fri 9:00-15:00; Sat closed

Talek Café

A third wave coffee house and one of the hottest spots in the Talpiot Market. The coffee is roasted in a room down the hall and that coffee smell brings everyone to the porch overlooking the intersection of Sirkin and Ekron streets. You can also get a croissant, sandwiches and really nice cakes.

- 📍 21 Sirkin St. | 📞 054-458-2331
- 🕒 Mon-Wed 8:00-19:00, Thurs 8:00-22:00, Fri 8:00-16:00 Sat and Sun closed

Talpiot

Pioneers of the Talpiot Market. Sea food based on the catch of the day. We recommend ordering Georgian dishes on weekdays and tapas on Fridays.

- 📍 28 Sirkin St. | 📞 04-6992296
- 🕒 Sun-Thurs 12:30-22:30; Fri 12:30-17:30; Sat closed

Talpiot Pizzeria

There are many pizzerias in Haifa, but Talpiot Pizzeria is of a rare breed. Despite its modest name, it is a true Italian trattoria with fine pizzas, fresh pasta made from scratch and tarte tartin with almond cream.

- 📍 30 Sirkin St. | 📞 04-9071727
- 🕒 Sun closed; Mon-Thurs noon-23:00; Fri 16:00-21:00

Arabeska

Arab cuisine, “just like mother used to make”. In this case, this is literal – Amal is the mother of one of the founders of this wonderful place and she makes some truly delicious dishes. The most recommended are stuffed eggplants and cabbages, mansaf and hummus. In addition, you can feel the welcoming, friendly atmosphere every time you visit.

- 📍 7 Luntz St. | 📞 058-7202007
- 🕒 Mon-Tues, Sat 11:00-18:00; Wed-Thurs 11:00-22:00; Fri 9:00-18:00

Pho 26

Asian restaurant who’s calling card is pho, the wonderful Vietnamese soup and one of that country’s national dishes. They started with this soup and added dim sum, spring rolls, steam buns and more. In addition to the food, they have an eye for great wine, probably because Eyal Mansur, the owner, is a wine aficionado. Recently, they even added a wine bar that operated next door, with its own menu.

- 📍 26 Sirkin St. | 📞 058-558500
- 🕒 Mon-Thurs 12:30-22:30; Fri 11:00-16:00

Beera Veochel (Beer and Food)

Alex Edelshtein, famous in Haifa for running the “Dunk” pub in the past, has returned to the restaurant business and opened a new pub at the Talpiot Market. The dishes are tasty, the beer flows like water and the atmosphere is cozy and inviting. Unlike the lion share of pubs, this is not a dark basement, but a place that is

open to the street, with curbside seating so you can enjoy beer, food and the hubbub of the market.

- 📍 7 Yehiel St.
- 🕒 Sun-Thurs 16:00-00:00; Fri 12:00-18:00; Sat closed

Nuna

A friendly and tasty vegetarian cafe, located in the Sirkin 21 building, the commercial and culinary center of the Talpiot market. You can either sit at the long tables and feel a part of the community or grab a smaller table facing the gorgeous view of the port, great for a coffee and a laptop. Order the French toast or the breakfast deal and you’re set.

- 📍 21 Sirkin St., 2nd floor
- 📞 054-3137695
- 🕒 Mon-Thurs 9:00-17:00; Fri 8:30-15:00; Sat 11:00-16:00; Sun closed

Milè Mala

An awesome combination between a take-away deli and a restaurant with a careful selection of the best possible salads, spirits and wines, prepared food, desserts and more. Rebecca, a long-time veteran of the Talpiot restaurant, offers an ever-changing menu. Great for a date – you can get wine and even flowers on a Friday. Also, extra dishes are available every Friday.

- 📍 21 Sirkin St. | 📞 058-7896033
- 🕒 Daily 9:00-17:00

Bar & Gery’s Place

For people that know Argentinian cuisine as based on beef steaks, Bar & Gery’s Place, a vegetarian restaurant, may come as a surprise. Come and discover great stews, empanadas stuffed with mozzarella and caramelized onions or meat substitute and intriguing desserts, such as quince tart or coconut tart with dulce de leche and nuts.

- 📍 22 Sirkin St. | 📞 052-2563659
- 🕒 Mon-Fri 9:30-16:00

Hamivshala (The Brewery Restaurant)

Craft beer is a relatively new phenomenon in Israel. That’s why Arik Granot’s brewery can be seen as one of the pioneers in this sector, in operation since 2016. Here, you can taste locally-made, internationally inspired beer, like the English IPA or German-style Weissbier and more. The menu includes great items like frena (Moroccan Bread) with mincemeat or a Cuban sandwich.

- 📍 27 Sirkin St. | 📞 054-4374861
- 🕒 Mon-Wed 12:00-22:00; Thurs 12:00-23:00; Fri 10:00-15:30; Sat-Sun closed

Einayim Bread Bakery

A slowly-fermented sourdough bread, especially designed to be as easily digestible as possible. Easy to start eating, almost impossible to put down.

- 📍 21 Sirkin St.
- 🕒 Sun-Thurs 8:00-18:00; Fri 8:30-15:00

Frial’s Kitchen

A new location for Frial, a local activist and a gifted cook! Here, you can try local homemade food, served in generous portions and reasonably priced.

- 📍 6 Shapira St.
- 🕒 From the morning until about 16:00 or 17:00 or until the food runs out (which usually comes first)

Beit HaMaafia

A smallish stall right by the entrance to the Talpiot Market. Pride of place take freshly-made “pirozhki”, but you can also take home lots of other home-style Soviet foods – salads, meatloaf, pilau, cooked buckwheat and stuffed cabbage leaves. The service is always patient and with a smile and the prices are more than reasonable. From Russia with Love.

- 📍 10 Yahiel St.
- 📞 054-7596664
- 🕒 Mon-Thurs 7:00-18:00; Fri 7:00-13:00

WADI NISNAS

The Wadi Nisnas area is generally active from early morning to early evening. A large market is spread along two parallel streets with food stands, spices and homeware stalls. In the market, which generally closes at about 16:00, there are falafel stands, four restaurants and a nargila cafe. The surrounding area offers other restaurants, food stores, pastry shops, shawarma stands, clothes stores and bakeries.



STREET FOOD

Hummus Alsham

Stefan, the founder and manager of this lovely little eatery is a professional chef. The hummus is top notch, as are all the the rest of the dishes.

- 📍 21 The Wadi St. | 📞 04-8382520
- 🕒 Mon-Sat 8:00-16:00

Hummus Allenby

Everyone in Haifa knows this modest hummus joint, where you'll enjoy the finest flavors of the Middle Eastern kitchen. The mousaka here is also unforgettable.

- 📍 43 Allenby Rd. | 📞 04-8529928
- 🕒 Mon-Sat 8:00-18:00; Sun closed

Falafel George

Anyone who enters, or even passes by, gets a falafel ball, dipped in Tahini. Everyone who tried one immediately ordered a full serving.

- 📍 26 Yohanan Hakadosh St.
- 📞 050-5292089
- 🕒 Mon-Sat 8:30-17:00; Sun closed

Falafel Hazkenim (The Old Folks Falafel)

Named after the elderly couple who owned the place before Afif took over in the 80s. Anyone who enters gets a ball dipped in Tahini. The falafel here is dark with strong flavors.

- 📍 18 The Wadi St. | 📞 04-8514959
- 🕒 Mon-Sat 8:00-19:30

Falafel Michel

The place offers Lebanese-style falafel and is considered one of the top falafel stalls in town!

- 📍 21 The Wadi St. | 📞 04-8517054
- 🕒 Mon-Sat 10:00-17:00; Sun closed

Sandwich Bracha

The wonderful Bracha is a sandwich wizard! Her hot sauce is an absolute must, even if you're usually wary of spicy food.

- 📍 12 Shabtai Levy St. | 📞 04-8524394
- 🕒 Sun-Thurs 8:00-17:00; Fri 9:00-15:00; Sat closed

Shawarma Emil

Some say this place is Haifa's best shawarma joint. Legend has it that it was the first shawarma stall to be established in Haifa.

- 📍 33 Allenby Rd. | 📞 04-8517096
- 🕒 Sun-Fri 9:00-16:00; Sat closed

Shawarma Ghanam

Judging by the endless lines, this place serves prodigious amounts of great shawarma. Portions are always generous.

- 📍 41 Allenby Rd. | 📞 04-8375103
- 🕒 Daily 11:00-20:30

Mama Pita

A small bakery that offers some of the best local pastries, made inside a

traditional Taboon clay over. The pastries are generously stuffed or topped with cheese, minced meat or hyssop. You can mix and match and create the ultimate pastry yourself.

- 📍 57 Allenby Rd. | 📞 04-8514841
- 🕒 Mon-Sat 8:00-15:00; Sun Closed

Abu Shkara

This veteran butcher shop was upgraded in recent years and started serving great sourdough bread sandwiches, filled with the meats and sausage they are so famous for. If you are up for it, they will add some cheese on top of the filling – sinfully good!

- 📍 38 Khuri St. | 📞 04-8517652
- 🕒 Mon-Sat 8:00-19:00; Sun Closed

El Beit Beitak – at Fatma’s place

Fatma received her restaurant from her beloved husband Lawrence on her birthday. She is an ambulance driver (part time now), but a full time cook. Here, you can find some of the best dishes Arab cuisine has to offer, as well as pastries and even sweets, both modern and traditional.

- 📍 34 Yohanan Hakadosh St.
- 📞 054-5759288 (recommended to call in advance, if possible)
- 🕒 Mon-Sat 7:30-17:30

RESTAURANTS

Nadima

Nadima is famous for her stuffed vegetables. It's one of the best known eateries in the market; no visit to Wadi Nisnas is complete without stopping by.

- 📍 37 Yohanan Hakadosh St.
- 🕒 Sun-Thurs 6:00-15:00; Fri-Sat 6:00-17:00

Victor Hadayag

At Victor Hadayag, they'll make extra sure no-one leaves hungry. There's nothing like the "catch of the day" dishes.

- 📍 30 The Wadi St. | 📞 04-8552301
- 🕒 Mon-Sat noon-18:00

Aish Alessaria

A blue-collar café that started selling meat pastries. You'll find great food here, excellent service and great prices.

- 📍 11 Peretz St. | 📞 052-5529551
- 🕒 Sun-Fri 8:00-16:30; Sat 24 hours

Matar

The restaurant has operated in the wadi for many years. Owner Matar rises early to prepare the hummus, stuffed vine leaves, kube and more.

- 📍 24 The Wadi St.
- 🕒 Mon-Sat 7:00-16:00

CAKES AND PASTRIES

Knafeh Alessaria

Right by the Aish Alessaria restaurant, there's a tiny place that sells hot, freshly baked knafeh – and it's not too sweet, either! During the holidays, you can also

get qatayef, filled with either nuts or cheese. Reasonable prices.

- 📍 11 Peretz St. | 📞 052-2732992
- 🕒 Mon-Sat 14:00-22:00

Abd al-Hadi

Abd al-Hadi's ftir and baklava are a feast for the eyes and the palate. It's hard to resist the temptation to stop by on your way Downtown. Recommended: a cheese ftir pastry.

- 📍 3 Shihada Shalah St. | 📞 04-8521905
- 🕒 Daily 9:00-22.30

Hamizrah Pastry Shop

Lovers of Middle Eastern pastries – this place will amaze you! Baklava, knafe and atayef. Wash it all down with a glass of fresh lemonade.

- 📍 34 Allenby Rd. | 📞 04-8523652
- 🕒 Daily 8:00-23:00

Star Sweet

If you are craving fine sweets, here you can find a large selection of traditional Arab sweets such as baklavas and of course an excellent knafe.

- 📍 12 Allenby St. | 📞 04-8412152
- 🕒 Mon-Sat 8:00-20:00

THE FLEA MARKET

Every city with a diverse history needs its own flea market so that visitors can wander through it and discover objects and clues that tell the story of the city's past. Haifa's flea market is principally active on Saturdays and Sundays. You can find antiquities, refurbished furniture, clothing and more. The rest of the time, those who work in the area's numerous law offices can enjoy the abundance of restaurants on offer.

Cafe Glida Yonak

A beloved spot for Haifa's Romanian Jews, as traditional food is lovingly served here on Saturdays. Get a taste of Romania by way of kostitza, ikra (taramosalata), and chopped liver.

- 📍 23 Kibbutz Galuyot | 📞 04-8667929
- 🕒 Sun-Thurs 11:00-22:00; Fri 11:00-17:00; Sat 11:00-22:00

Hummus Abu Maroon

The original branch of what's become a national chain. You'll find top-quality light-as-air hummus and maddeningly good fries.

- 📍 1 Kibbutz Galuyot | 📞 054-6312575
- 🕒 Daily 8:30-16:30

THE CARMEL CENTER & ITS SURROUNDINGS



Photography by: NirBeitzky

STREET FOOD

Bourekas Haagala

A branch of the Downtown's Bourekas Haagala, which has become a legend in its own right. Familiar to all Haifa's revelers who hanker for a great bourekas before they call it a night. A hard-boiled egg with the bourekas is time-honored tradition.

- 📍 52 Moriah Ave. | 📞 04-8388662
- 🕒 Daily 8:00 to last customer

Falafel Hanassi

Where the chain that took over Haifa and the Krayot suburbs got its start. The first to offer special extras and addictive sauces like chimichuri, sabich sauce, green Tahini and more.

- 📍 135 Hanassi Ave. | 📞 04-5385859
- 🕒 Sun-Thurs 10:30-23:00, Fri 10:30-16:00

Sabich and Falafel Eyal

A small, terrific stand selling sabich in the finest tradition. In a city lacking in sabich like Haifa, it's a real oasis.

- 📍 Moriah Ave. corner of Tsafririm
- 🕒 Sun-Thurs 10:30-18:00; Fri 10:30-15:00

Berdichev

This could only happen here – a chain of hummus joints, named after a small Jewish town in Ukraine. In addition to various great hummus dishes, prepared daily, Berdichev offers a wide variety of toppings, soups, fresh salad and vegan malabi. A wonderful place to enjoy a tasty meal at a reasonable price. Sabich Gourmet is our recommendation here.

- 📍 Branches: Carmel Center, 1 Wedgewood St. Neve Shaanan, 53 Trumpeldor St. Wadi Salib, 34 Shivat Zion St. Talpiot Market, 27 Sirkin St. Haifa Azrieli Mall, 4 Moshe Flieman St.
- 🕒 Sun, Mon, Wed 11:00-21:00; Tue 11:00-20:00; Thurs 11:00-22:00; Fri 9:00-15:00
- 🌐 hummusbardichev.co.il/

BAKERIES AND CONDITORIES

Dioma Café

A new café offering a varied menu. Breakfast is especially luxurious, with vegetables, eggs and salads, croissants, savoury pastries and sandwiches.

- 📍 119 Hanassi Ave. | 📞 04-6649191
- 🕒 Sun-Thurs 8:00-19:00; Fri 8:00-14:00

Gal’s Bakery

The wonderful terrace justifies a visit to Gal's Bakery all on its own. Add on excellent baked goods and great coffee and there's no reason in the world to go anywhere else.

- 📍 31 Hanassi Ave. | 📞 04-6442458
- 🕒 Sun, Tues, Thurs 8:00-19:00; Mon, Wed, Fri 8:00-14:00; Sat closed

Heine Kioskafe

Nir Shuber, a genius with the soul of a child, established this neighborhood cafe five years ago, bringing back to life the legendary kiosk that stood next to Gan Shmuel. Since then, it's become the neighborhood's focal point. Pizzas and fruit trays are supplied to neighborhood kids' birthday parties in Gan Shmuel.

- 📍 3 Heinrich Heine St. | 04-8836268
- 🕒 Sun-Thurs 7:00-18:00; Fri 7:00-15:00; Sat closed

Brussels Cafe

A haven of European decadence on the Carmel ridge. Come for the excellent cakes, stay for the rest of the menu.

- 📍 13 Moriah Ave. | 📞 04-8110138
- 🕒 Sun-Thurs 16:00-23:30; Fri 8:30-16:00; Sat 17:00-23:30

Shtayim Sukar (Two Sugars)

Informality is the byword at this tiny cafe, where lots of neighborhood residents drop in to eat and drink wearing their bedroom slippers. Here, service always comes with a smile.

- 📍 1 Kadima St. | 📞 04-8104014
- 🕒 Sun-Fri 7:00-24:00, Sat 8:00-24:00

Savta Sandwich Bar

This has become a Haifa institution, so much so that it has a Tel Aviv branch. Ideal for relaxing on a Friday afternoon.

- 📍 2 Tsafririm St. | 📞 04-8101117
- 🕒 Sun-Thurs 9:00-23:30, Fri 9:00-16:30, Sat 12:00 23:00

Mandarin

Location of the first branch of a chain that's expanded into every corner of the city and beyond.

- 📍 29 Hanassi Ave. | 📞 04-8363554
- 🕒 Daily 8:00 until the last customer

Tibi

A Haifa institution, meeting place of the Yekke (German-Jewish) aristocracy on Fridays. The Sachertorte, a classic Austrian specialty, is warmly recommended.

- 📍 35 Hanassi Ave. | 📞 04-8312106
- 🕒 Sun-Thurs 7:00-15:00; Fri 7:00-14:00; Sat closed

RESTAURANTS

Umm Kulthum

A famous vegan place that welcomes anyone that enjoys good food. It's a small, cozy spot with just a few tables. Try the inventive specials, the Druze bourekas or the Souvlaki.

- 📍 60 Moriah Ave. | 📞 04-8852227
- 🕒 Daily 11:30-22:30

Tatami

After about five years, this veteran Japanese culinary superpower reopened – and is better than ever. This is the place to be if sushi's your thing.

- 📍 11 Moriah Ave. | 📞 04-6436688
- 🕒 Daily 11:30-22:00

Pasta Basta

The chain that started in Jerusalem has now reached the Moriah area in Haifa. The menu centers on various shapes of fresh pasta, including gluten-free and whole wheat, with a choice of sauces and reasonable prices.

- 📍 12 Moriah Ave. | 📞 04-8200944
- 🕒 Sun-Sat 11:30-midnight
- 🌐 pastabasta.co.il

Zus

Here you will find local Israeli cuisine with prominent Mediterranean influences and authentic Greek cooking methods, using seasonal and fresh ingredients that come straight from the sea and the market, along with a beautiful view and an exciting design.

- 📍 134 Moria Ave. | 📞 04-867-7783 | Kosher
- 🕒 Sun-Thurs 12:00-00:00; Fri 12:00-18:00 Sat 20:30-00:00



UPPER HAIFA – AHUZA & NEVE SHAANAN

STREET FOOD

Falafel Zohar

This legendary Neve Shaanan falafel shop draws in long lines Sunday to Friday.

- 📍 51 Trumpeldor Ave. | 📞 04-8225773
- 🕒 Sun-Thurs 11:00-20:00; Fri 11:00-15:00; Sat closed

RESTAURANTS

Amaretti

A place for ravioli and other pastas in interesting sauces like lemon and wild spinach, in season. There's also a vegetarian and vegan menu. Deliveries only, but there is a plan to re-open Amaretti as a full dine-in restaurant.

- 📍 69 Pika St. | 📞 04-8112929
- 🕒 Sun-Thurs 10:00-4:00; Fri 10:00 until an hour before Shabbat begins; Sat end of Shabbat to 4:00

Vivino – the Italian Quarter

A complex with an Italian restaurant, deli and events venue. The menu includes classics like pizza, pasta, focaccia, risotto, Italian-style meat dishes and, of course, coffee and desserts.

- 📍 1 Elizabeth Square (opposite the Romema sports complex)
- 📞 04-8229454
- 🕒 Sun-Sat 11:00-midnight
- 🌐 vivino.co.il

Burger Saloon

Brought to you be the same people who gave us the legendary Limousine in Ramat Yishai. Exceptional quality meat. Don't miss the cheeseburger, made here Brought to you be the same people who gave.

- 📍 69 Pika St., Romema Sports Arena
- 📞 1-700-705715, extension 2
- 🕒 Daily 11:00-23:00



Captain Burger

The Israeli market is oversaturated with many competing burger joints. In this environment, each restaurant needs something extra to stand out. "Captain Burger" does so with great burgers and toppings. We are positive that this chain has all the building blocks of success.

- 📍 53 Trumpeldor St. | ☎ 04-6219034
- 🕒 Daily 13:00-00:00

Kanibar

A legendary burger joint in Sefer Square, known for its top quality burgers and customer loyalty. We recommend trying the Italian-style burger, Caesar salad and potato gratin.

- 📍 110 Moriah Ave. | ☎ 1700-553311
- 🕒 Daily 11:30-23:30

Denia Sushi

A modest sushi bar inside Denia's shopping center. Apart from great sushi, Denia's Sushi serves delicious stir-fries and we recommend trying their salmon and beetroot tempura roll.

- 📍 2 Liberia St. | ☎ 04-8445510
- 🕒 Sun- Fri 12:00-23:00; Sat 18:00-23:00
- 🌐 sushidenya.co.il/

Azumami

A new Asian-fusion bar in the Oscar Shindler commercial center. The bar offers dishes from various Asian cuisines that include sushi rolls, salmon skewers marinated in chili and lemongrass with ginger vinaigrette and sesame oil and buns with fish tempura with aioli sauce. The space in the restaurant is centered around a large bar, but you can also sit in the enclosed balcony and enjoy the view and the AC.

- 📍 7 Oscar Shindler St. | ☎ 04-8887999
- 🕒 Daily 12:00-23:30

Mambo Milano

This modern Italian restaurant pulls its inspiration from one of the most fashionable and exciting of Italian cities, Milano. They serve Italian classics - pasta, pizza, focaccia with an interesting twist and enjoy great popularity. From the people that brought us Sasson Bar, Sinta Bar and more!

- 📍 127 Moriah Ave.
- 🕒 Sun-Wed 18:00-11:30, Thu 18:00-1:30 Fri 12:00-1:00, Sat 12:00-00:00

Sasson

A great place for a night out or lunch with friends on a Friday afternoon. We recommend you try their desserts – the creativity will amaze you.

- 📍 10 Horev St. | ☎ 04-8887999
- 🕒 Daily 12:00 to last customer

Zanzara

Italian restaurant right next to the Cinema Cafe Amami movie house. Eating pasta or pizza before the movie is great fun, as is getting a tiramisu before you leave. Recommended: Zanzara pizza or pasta in tender veal sauce.

- 📍 103 Hagalil St., Neve Sha'anani
- ☎ 053-8094531
- 🕒 Daily 10:00-1:00

Hummus Ziv

Danny's small hummus place has served customers at Ziv Center for ages and ages. The restaurant serves some unusual toppings with hummus like fresh mushrooms, spiced chicken breasts and more. You can also get large salads, hummus and mujadara dishes, which you can either eat immediately or take home.

- 📍 5 Trumpeldor St.
- 🕒 Sun-Thurs 8:30-17:30; Fri 8:30-15:30

CAFES

Emilia

A great little gelato and pasta joint. Very creative flavors and toppings. Frozen yoghurt is served as well.

- 📍 118 Moriah Ave. | ☎ 04-8289181
- 🕒 Daily 9:00-last customer

Emilia Concept

A new, second location for the Emilia restaurant. This branch in Grand Canyon mall focuses on desserts and offers a very interesting take on ice cream – the "make it yourself" version. Here, you can choose a base ice-cream (vanilla or chocolate) and add any flavors and toppings you desire. What a fun and tasty experiment!

- ☎ 04-8228801
- 🕒 Sun-Thurs 8:00-22:00; Fri 8:00-15:00; Sat from Shabat eve to 23:00

Kioskafe

The coffee shop was once a kiosk selling cigarettes and newspapers. After a while, it expanded and added a kitchen. The fresh-squeezed juices are simply marvelous.

- 📍 3 Shalom Aleichem St. | ☎ 04-8229911
- 🕒 Sun-Thurs, Sat 8:00-midnight; Fri 8:00-16:00

Pie Konditorei

A pastry shop-cafe that also hosts events and provides catering. In addition to cakes, there are sandwiches and salads too. Ordering the small focaccia filled with lots of goodies is a highly recommended.

- 📍 2 Liberia St., Denia | ☎ 04-8257790
- 🕒 Sun-Thurs 6:30-20:00; Fri 6:30-15:00; Sat closed

Basher Fromagerie

A very respectable branch of a boutique chain that originated in Mahane Yehuda market in Jerusalem. It is located in a mall, but provides an intimate, classy experience for cheese connoisseurs.

- ☎ 077-2302339
- 🕒 Sun-Thurs 8:00-21:00; Fri 8:30-15:00; Sat from end of Shabbat-22:30

Silva Café

A high-end coffee and pastry shop. Full Italian-French meals are also served. An excellent solution, when you've run out of cake and all the pastry shops are closed.

- 📍 120 Moriah Ave. | ☎ 04-8114442
- 🕒 Sun-Sat 7:00-22:00

Cafe Tov (Good Coffee)

The Haifa branch of Cafe Tov, a national chain of socially conscious cafes that helps people recover from mental issues and trains them for future jobs. Cafe Tov serves meals for only 20 shekels, meals that include sandwiches, salads, pasta and breakfast deals.

- 📍 7 Bat Khen St. | ☎ 04-8877276
- 🕒 Sun-Tues 8:30-17:00; Fri 8:30-11:30

Eissalon

In addition to the light and airy textured ice-cream unmatched in these parts, there are unusual and enticing flavors such as Orange-Avocado, Lemon-Basil, Beer and, finally Whisky Chocolate that feels well and truly alcoholic.

- 📍 7 Oscar Shindler St. | ☎ 04-8344340
- 🕒 Sun-Thurs 13:00-22:30; Fri 12:00-20:00; Sat 13:00-19:00

TECHNION

Nona

Top attractions: salmon stir-fry and Uri's pizza. Yes, that Uri – from Pizza Linga Downtown.

- 📍 Physics Building, the Technion
- 🕒 Sun-Thurs noon-15:00

DOWNTOWN HAIFA

Haifa's Downtown is coming to life again. Close to the sea and filled with narrow streets and alleyways, the area offers an abundance of pubs, restaurants and galleries all day long. There's no shortage of places to eat. There are affordable street food options as well as trendy restaurants and eateries offering fine meals and a unique atmosphere.



STREET FOOD

Chivito

A South American sandwich bar (Chivito is typical Uruguayan street food dish). A great selection of meats, hot dogs, cheeses, sauces and fresh vegetables to be enjoyed with a chilled beer or soft drink.

- 📍 2 Palmer Gate St. | ☎ 04-6220032
- 🕒 Sun-Fri 11:30-22:00; Sat 15:30-22:00

Gute Bar

An unconventional cafe, offering delicious food made with fresh ingredients. A large selection of beers and alcohol you can enjoy while listening to good music in an electrifying atmosphere.

- 📍 18 Nathanson St. | ☎ 052-8297729
- 🕒 Sun-Wed 12:00-1:00; Thurs 12:00-3:00; Fri 15:00-3:00; Sat 17:00-00:00

Abu Hani

A modest place operating for over 40 years. The scent of falafel and shawarma are testimony to the fact that everything is fresh and made with love.

- 📍 6 Eliyahu Hanavi St. | ☎ 052-8195706
- 🕒 Sun-Fri 6:30-19:30; Sat closed

Paris Square Falafel

Boris, the original owner, went back to Ukraine but the great falafel is here to stay.

- 📍 18 Natanzon St., Paris Square
- ☎ 052-5905222
- 🕒 Sun-Thurs 8:30-19:00; Fri-Sat closed

Hummus Fadi

Once upon a time, Fadi was one of the owners of the prestigious Fine Club restaurant in the Carmel forest, now he manages his own hummus joint. We recommend the mahlouta: broad bean hummus, sumac fries and an omelette.

- 📍 4 Habankim St. | ☎ 04-8530531
- 🕒 Sun-Thurs 7:00-16:30; Sat 7:00-15:30

Hummus Faraj

Hummus Faraj have been preparing exceptional hummus for 40 years. Their red bulgur dish is also a must.

- 📍 29 Hameginim Ave. | ☎ 04-8621276
- 🕒 Daily 7:00-19:00

Hummus Um Shaker

A favorite spot among the city's university students. You'll be in heaven if you're a fan of lemony hummus.

- 📍 29 Hameginim Ave. | ☎ 054-4466181
- 🕒 Daily 8:00-18:00

Nimer the Shawarma King

An old 1980's top quality shawarma stall from the Galim Central Station area that has been operating on Jaffa Street for the last five years now. Nimer Sr. set up the place back in the day and today, his son manages it with his wife and son.

- 📍 44 Jaffa Rd. | ☎ 04-8538727
- 🕒 Sun-Fri 10:00-19:00; Sat closed

Pizza Linga

Uri is known for the unforgettable pizzas he prepares at the Technion, Ben was the owner of the Syrup Club, and together they opened a place offering quality pizza at

very low prices. The atmosphere is lively. A good place to eat your fill before a night of serious drinking at one of the nearby pubs.

- 📍 40 Jaffa Rd. | ☎ 046760244
- 🕒 Sun-Wed, Sat 12:00-00:00; Thurs-Fri 12:00-2:00;

Turkish Burekas from Izmir

The Turkish Burekas from Izmir will remind you how delicious this pastry can be. The secret is in the tahini-based dough, unlike the ordinary oil or butter based burekas.

- 📍 8 Moshe Aaron St. | ☎ 054-4332296
- 🕒 Sun-Wed 8:00-20:00; Thurs-Fri 8:00-4:00; Sat closed

Yaakov Kebab

Come for the kebab, stay for the warmth and kind nature of Yaakov himself.

- 📍 10 Moshe Aharon St. | ☎ 04-8640885
- 🕒 Sun-Thurs 10:00-16:30

Oyster

Right by Merkaz HaShmona train station, there's a food truck that you simply can't miss. Mahmoud and Roan's fry up some of the best dishes around – Fish and Chips, Seafood Mix or Fish Burgers, to name a few. Grab a picnic table and some beer or greek wine, enjoy the lively music and have a great lunch or pre-pub crawl snack.

- 📍 67 HaAtzmaut Rd. | ☎ 052-414883
- 🕒 Sun-Wed 11:00-00:00; Thurs 11:00-2:00; Fri 12:00-00:00; Sat 12:00-1:00

Martha

A great deli set in a great location – right by the German Colony. The chef Elias Matar offers some of the best local and imported meats, fish, cheeses and more. You can fully equip a respectable picnic basket here or stay and nosh on small dishes like the stuffed lamb shank and dawali (stuffed vine leaves).

- 📍 90 HaMeginim Ave. | ☎ 04-6002055
- 🕒 Sun-Wed, Fri 9:00-20:00; Thurs 9:00-00:00

BAKERIES AND PASTRY SHOPS

Sami's Coffee

Abu Sami opened the place more than 40 years ago and his sons have since taken over the business. A great place to stock up on freshly ground coffee, as well as halva and tahini. Try before you buy!

- 📍 90a Haatzmaut St. | ☎ 04-8514403
- 🕒 Sun-Thurs 7:30-18:00; Fri 7:30-17:00

The Double Luxury Lounge

A lounge bar famous for its desserts – crepes, Belgian waffles and more, but the star of the show is the custom-made ice cream bars: first you pick the ice cream flavor, then the liquid chocolate of your choice to cover the ice-cream and finally the toppings – such as nuts or "knafe" angel hair. The place to go before you call it a night.

- 📍 53 HaNamal St. | ☎ 04-9932090
- 🕒 Sun-Wed 8:00-00:00; Thurs 8:30-2:00; Fri 16:00-2:00; Sat 12:00-2:00

Jadon Bakery (Gideon's Bakery)

This bakery has been operating for over a century now, serving swiss chard fatayer



Photography by: Nir Beitzley

pastries, tiny pittas and baked goodies filled with cheese, sausage and peppers. The place was recently expanded and salads and sandwiches were added to the menu.

- 📍 4 Eliyahu Hanavi St. | ☎ 04-8662130
- 🕒 Sun-Thurs 6:00-21:00; Fri 6:00-15:30; Sat closed

Le Bakery

An exceptional tabun bakery with an incredible variety of bread and pastries on offer. Special local delicacies include: pittas with za'atar, manakish, maschan (chicken and onion pastry) and pizza. In addition, fresh salads are available and in winter hot soup is always on the menu.

- 📍 10 HaBankim St. | ☎ 077-4205080
- 🕒 Sun-Thurs 7:00-17:00; Fri, Sat closed

La Cremerie de L'Eclair

An exceptional ice cream parlor where the ice-cream is served inside eclairs and croissants slathered in indulgent chocolate sauce.

- 📍 49 Haatzmaut Rd. | ☎ 04-9907243
- 🕒 Sun-Wed 9:00-1:00; Thurs-Fri 9:00-3:00; Sat 11:00-1:00

Chantilly

Irena is nothing short of an Angel of Sweetness, here to sate your dessert passions. She bakes amazing and varied dishes – cakes, pies, mousses and more. You must order the food in advance, as she's generally very busy.

- ☎ 054-5401744
- 🌐 instagram.com/chantilly.ly/

Lahmanioti

Lahmanioti is a bakery that operates into the night and serves beignets, pitah, fatayer, bourekas and more to Downtown late-night revelers. In addition to the pastries, you can order a toast with sausages with veggies and interesting sauces on the side.

- 📍 119 Allenby Rd., corner of 27 Jaffa Rd.
- 🕒 Open 24 hours on weekdays, Fri until 1:30; Sat from noon

Saro – Café Confectionary

A bakery that serves coffee and cakes in Austro-Hungarian style. If you are a traditionalist, try one of the kratz cakes, especially the one with halva. If you want something new and refreshing, try the eclairs or tarts with either chocolate or various fruit.

- 📍 19 Jaffa Rd. | ☎ 04-8727718
- 🕒 Sun-Fri 7:00-18:00

Breada Bakery

No longer one bakery and cafe, but a growing empire, with 3 locations. Now, you can visit this French-style café-boulangerie and try their amazing croissants, an addictive Pan au Chocolate and great brownies. Like most good things, their stock of bread and pastries runs out very quickly, so we recommend visiting Breada before 11:30. We recommend the croissant with pistachio cream filling or a pretzel with avocado, if you'd rather have something savory.

- 📍 6 Ha-Namal St. (original branch)
- 🕒 Sun-Fri, 7:00 until the final pastry is sold

- 📍 10 Hatib Alley
- 🕒 Sun-Fri 7:30-15:00

- 📍 21 Sirkin St., first floor
- 🕒 Sun-Fri, 7:00 until the final pastry is sold, Sat 8:30 until the final pastry is sold

CAFES

Almakwa Laundry & Cafe

A new laundromat café on Jaffa Street where you'll not only find an efficient automatic laundromat service but great food as well. Tea, coffee, herbal infusions, salads and breakfast are all on the menu. In addition, the place is an informal community center for local residents with numerous activities taking place all year round.

- 📍 71 Jaffa Rd. | ☎ 04-8535750
- 🕒 Sun-Fri 8:00-20:00; Sat closed

Cafe Ava in the City

Cafe Ava has been roasting coffee and supplying its unique blend to coffee shops, restaurants and private consumers for more than 70 years. It moved to larger, more pleasant quarters a few years ago. We recommend the lox bagel and, of course, the coffee.

- 📍 53 Haatzmaut Rd. | ☎ 04-8640192
- 🕒 Sun-Thurs 6:45-16:00; Fri 7:00-12:30; Sat closed

Cafe Palmer

A meeting place for many of the people that live in, visit or work Downtown. The food served here is very light and refined. We recommend the gravlax sandwich or the excellent Babka cake.

- 📍 1 Palmer Gate St. | ☎ 053-4417548
- 🕒 Sun-Thurs 7:00-22:00; Fri 7:00-15:00; Sat 9:00-22:00

Cafe Shani

Established 50 years ago, it subsequently developed into a national chain. Go for the mini sweet and salty baked goods, which has since become the place's calling card.

- 📍 53 Haatzmaut Rd. | ☎ 04-8641056
- 🕒 Sun-Thurs 6:00-17:00; Fri 6:00-14:00
- Sat closed

Layla Café

A cafe that will take you on a luxurious vacation to Istanbul. Relax and enjoy the soothing apple flavored hookahs, indulgent desserts and drinks made with natural ingredients – pomegranates, oranges, lemons and more

- 📍 2 Sarah St. | ☎ 054-6279346
- 🕒 Sun-Wed 11:00-1:00; Thurs-Fri 11:00-2:00; Sat 12:00-1:00

Yapa 39

There is something unpretentious about this relatively new café. The customers here often become regulars and the waiting staff is exceptionally friendly. The décor is warm and welcoming.

- 📍 8 HaBankim St. | ☎ 04-8507058
- 🕒 Sun-Thurs 7:30-18:00; Fri 7:30-16:00; Sat closed

‘BLUE COLLAR’ RESTAURANTS

Ma’ayan Habira

A great deal has been written about this place. We won’t add a thing except: Kostitzal! Chopped liver! Dumplings!

- 📍 4 Natanson St. | ☎ 04-8623193
- 🕒 Mon, Wed, Fri 10:00-17:00; Tue 10:00-23:00; Thurs 10:00-22:00

Mamaliga

A pleasant authentic Romanian restaurant. Live Romanian music every Tuesday evening, beginning at 18:00 Kabbalat Shabbat Fri nights, barbecue grill on Sat. Try the meatball and chorba soups, you won’t regret it.

- 📍 1 Habankim St. | ☎ 077-5617468
- 🕒 Sun-Thurs 12:30-17:00; Fri 12:00-16:00; Sat closed

Mimino – Georgian Restaurant

One of Downtown's favorites. Have a Hachapuri pastry and neon-green tarragon drink or one of their steaming soups – borch or harcho. The prices are reasonable and the atmosphere – home-like.

- 📍 110 Jaffa Rd. | ☎ 04-8113399
- 🕒 Daily 11:00-23:00

Efi’s Kubba

Efi’s mother was born in Iraq and she was the one that taught him the secret of perfect kubba. He added his personal spin to the classic dish and reduced the amount of oil used. His kubba may be the most authentic one in the Haifa region. It’s best to come early so you don’t miss the kubba hamusta soup and kubba with either beets, pumpkin or okhra.

- 📍 2 Palmer Gate St. | ☎ 04-8484595
- 🕒 Sun-Thurs 10:30-22:00; Fri 8:00-15:00

CREATIVE AND EXCLUSIVE

Chang Ba

A Far Eastern blue collar restaurant founded by Eitan Lipschitz and Lior Golan, who co-founded the excellent Bella in Beit She’arim. Their expertise is in modern East Asian street food and prices are very reasonable. Try the Som Tam salad and the green curry in coconut milk with broccoli, eggplant and basil.

- 📍 23 Hanamal St. | ☎ 04-6722891
- 🕒 Daily 12:00-22:00

Lux

A restaurant that serves a particularly impressive variety of seafood and fish. Because of the high demand, reservations must be made in advance, especially on weekends.

- 📍 13 Hanamal St. | ☎ 077-2060970
- 🕒 Sun-Thurs 17:00-00:00; Fri-Sat 12:30-00:00

Rola

Rola and and Mo’in continue to stir the emotions of even the most jaded lover of Arab food. Their hummus is a work of art. The fattet al-makdous is warmly recommended. The richness of flavors will have you purring with enjoyment.

- 📍 33 Hanamal St. | ☎ 053-9370326
- 🕒 Sun-Thurs 12:00-22:00; Fri 12:00-22:30; Sat 12:00-18:00

Ein HaWadi

A great restaurant that was once located in Wadi Nisnas and then moved downtown. It brought with it the best of Lebanese cuisine. The portions are more than generous and the service is courteous. The outside seating area is spacious and great for energetic children.

- 📍 140 Haatzmaut Rd. | ☎ 04-8553353
- 🕒 Sun-Thurs 12:00-22:00; Sat 12:00-19:00

Neopolitan

Visit Naples without leaving Haifa. In this excellent pizzeria, the emphasis is on local producers and they use 100% sourdough. The result is a soft and airy pizza that you will not be able to resist.

- 📍 37 Hanamal St. | ☎ 04-6166950
- 🕒 Sun-Mon 18:00-23:00; Tue-Wed 12:00-16:00, 18:00-23:00; Thurs 18:00-23:00; Fri 12:00-16:00 Sat 18:00-23:00

Maya Chucho Pizza

Turns out that this neighborhood pizzeria has the finest khachapuri pastry in Haifa. The pizza is good too.

- 📍 44 Hativat Carmeli St. | ☎ 04-8327273
- 🕒 Sun-Thurs 11:00-15:00, 16:00-22:00; Fri 10:30-15:00

Roku Sushi

Roku is a modern, minimalist sushi restaurant with impressive murals and sushi dishes that range from classic fare to original creations. We recommend white fish tartare, served on a large oyster or salmon roll with crispy dried bonito flakes. Don’t miss the opportunity to order some sake or choya.

- 📍 10 Hanamal St. | ☎ 050-6852860
- 🕒 Mon-Sat 20:00-24:00; Sun Closed

Bistro Venya

When Shahar Sivan got together with Uri Alon to create this unique bistro, it never occurred to him that the place would inspire an innovative culinary wave that would engulf Downtown and the rest of Haifa. It’s difficult to describe Venya in words – you have to truly experience it in order to appreciate it to the fullest. The new chef brought his own menu, with many exciting dishes!

- 📍 1 Palmer Gate St. | ☎ 04-6716272
- 🕒 Sun-Wed 18:30-00:00; Thurs 18:00-00:00; Fri 17:00-00:00; Sat 12:00-23:30

Sangria

Southern European fusion food and tapas, where the flavors are intense and precise and the service friendly and efficient. One of the best eateries in town.

- 📍 5 Habankim St. | ☎ 077-3301067
- 🕒 Daily 12:00-23:00

Crudo

Another place of Chef Alaa Moussa from the excellent "Lux", which this time focuses on the beloved Italian cuisine. Here you

will find pizzas from the wood-fired oven, great fish dishes and a lot of happy music.

- 📍 15 Hanamal St. | ☎ 077-4990499
- 🕒 Sun-Thurs 17:00-23:00; Fri-Sat 12:30-23:00

Raseef 33

The new and trendy place on the bustling Namal Street, where you can choose to sit at the bar or enjoy the breeze outside on a summer evening.

Chef Hamudi Okla plays between modern and traditional with dishes from the Arab cuisine in versions you have not yet tasted.

- 📍 33 Hanamal St. | ☎ 04-6638071
- 🕒 Sun-Sat 12:00-17:00, 18:00-00:00

Terroir

The place where you will get to know new wines from all over the globe, in the most vibrant area of Haifa. Whether you are a person of red wine or white wine, here you can sit in the charming alley with a glass of fine wine and a selection of small dishes that will go excellent together, and enjoy the special atmosphere of the down town.

- 📍 35 Hanamal St.

HAIFA BAY & KIRYAT HAIM

The Haifa Bay (HaMifratz) and Kiryat Haim area are inseparable from Haifa. We go to see movies at Lev Hamifratz, repair the car at the Checkpoint. Kiryat Haim’s industrial zone is filled with stores by day, and pubs by night. Achi Eilat Boulevard overflows with restaurants and cafes, and the beach is not far.

STREET FOOD

Hazan

The shawarma empire of Haifa, run by the Hazan family. This chain has branches all over the city, serving great food to hungry revelers, shoppers and office workers on their lunch breaks!

- 📍 56 Histadrut, near Checkpost
- ☎ 04-8416560
- 🕒 Sun-Thu 10:30-00:00. Fri 10:30-3:00

Branches:

- 📍 140 Jaffa Rd. | ☎ 04-8558075
- 🕒 Mon-Sat 10:00-2:00; Sun Closed



CAFES AND PASTRY SHOPS

Shemo Pastry Shop

The place where Israeli megabaker (and TV star) Miki Shemo got his start.

- 📍 6 Haltztadion St., Kiryat Haim
- 🕒 Sun-Thurs 8:00-20:00; Fri 7:30-15:00

Eyal Pastry Shop

As a boy, Eyal Weizmann used to bake in his parents’ kitchen before going on to open his own pastry chain to great success. His savory baked goods are out of this world.

- 📍 92 Halutzei Hata’asiya St., Kiryat Haim
- ☎ 04-8410132
- 🕒 Sun-Wed 7:00-19:00; Thurs 7:00-20:00; Fri 7:00-17:00

- 📍 39 Shivtei Yisrael St., Kiryat Haim
- ☎ 04-8410132
- 🕒 Sun-Wed 7:00-19:00; Thurs 7:00-20:00; Fri 7:00-17:00

‘BLUE COLLAR’ RESTAURANTS

Hamakom (The Place)

Homemade food made by a true Russian mama, perfect for both the cold Russian winter, and Israeli taste buds. Worth visiting to see what members of the biggest wave of immigration in Israeli history eat at home. The borscht is top notch.

- 📍 65 Deganya St., Kiryat Haim
- ☎ 04-8415818
- 🕒 Daily 11:00-21:00

Hanoch

A great little Romanian eatery. Hanoch, located on the second floor of a gas station, serves up quality East European food. Go for the pork and lay on the garlic thick.

- 📍 3 Deganya St., Kiryat Haim
- ☎ 04-8424466
- 🕒 Mon-Thurs 11:30-20:30; Fri-Sun 11:30-18:00

RESTAURANTS

B.P

A kosher meat restaurant in Haifa Bay that has been operating since 2004. In addition to the meat dishes, there is a rich menu on offer, including sushi and asian food, hummus and original entrees. The restaurant is spacious and many events are held there.

- 📍 157 Hahistadrut Ave.
- 🕒 Sun-Wed 11:30-12:00; Thurs 11:30-1:00; Fri 11:30-16:30; Sat 10:15-1:00
- ☎ 04-8721988

PUBS AND BARS

The Morgan Pub

Irish pubs lost some of their pull once they began flooding the streets of Tel Aviv and Haifa. That said, Morgan may well be the closest thing to authentic. Catch the occasional live performance or themed evening. Beer and whiskey workshops are regularly available.

- 📍 22 Haltztadion St., Kiryat Haim
- ☎ 052-6554599
- 🕒 Daily 8:30 to the last customer



ON THE WAY TO THE SEA

CAFES

Millhouse Café

Enjoy great coffee in a relaxed atmosphere. Don’t forget to ask about the specials and make sure you try one of their indulgent desserts by Nitzan Vardi: tartlets and macaroons of various flavors.

- 📍 14A Bat Galim | ☎ 04-8871181
- 🕒 Sun closed; Mon-Sat 9:00-16:00; Thurs also 17:00-23:00

Heine Kioskafe Dereh Hayam

A sister branch to Heine Kioskafe in Carmel Center.

- 📍 68 Dereh Hayam, western Carmel
- ☎ 04-8836268
- 🕒 Sun-Thurs 7:00-20:00; Fri 7:00-15:00; Sat closed

Bourekas Erlich

In a city filled to the brim with many great bakeries, a new challenger threw its hat in the ring – and is already making waves! The bakery offers something unusual here, like croissants and pastries with surprising fillings like pears poached in red wine or bourekas stuffed with portobello mushrooms, manchego cheese and truffles. The desserts are also as varied as they are enticing, but pastry with tricolad really “takes the cake” here.

- 📍 12 HaShunit | ☎ 058-7527526
- ☎ Mon-Fri 7:00-15:00

Santa Maria

Classical music and good service define this Austrian-style cafe. We recommend the cakes and the specials, including sausages and smoked meats.

- 📍 Stella Maris (by the monastery)
- ☎ 04-8597518
- 🕒 Sun 8:00-16:30; Mon-Fri 8:00-22:30; Sat 8:00-23:00

My Coffee

A coffee shop with two branches – in Denia and at the Castra Center, this lovely eatery is known for its excellent coffee, great breakfasts and quality muesli.

- 📍 Denia branch: 56 Antwerp St.
- ☎ 04-6338916
- 🕒 Sun-Thurs 7:00-20:00; Fri 7:00-16:00; Sat closed

- 📍 Castra Branch: 8 Flieman Moshe St.
- ☎ 04-6338916
- 🕒 Sun-Tues, Thurs 7:00-19:00; Wed 7:00-17:00; Fri 7:00-15:00; Sat closed

STREET FOOD

Shipudei Sabich

Sabich, his wife Naomi and their friendly workers prepare everything from scratch. On the menu are chicken and variety meats grilled on an open flame. Excellent mango-based home-made amba and special eggplant rings.

- 📍 6 Yehoshafat, Neve David
- ☎ Sun, Thurs 10:30-19:00; Mon-Wed 10:00-20:00; Fri 10:00-16:00; Sat closed

Stekiat Hamahane

Moshe and Iris have been making home-cooked Iraqi food for 40 years. You can find here kibbeh cooked in soup, red rice, grilled chicken special aubergine dishes and excellent home-made amba (mango chutney).

- 📍 4 Hizkiyahu, Neve David | ☎ 04-8370579
- ☎ Sun-Thurs 10:30-20:00

Delicato

There are more than enough ice cream shops that claim to sell “gelato”. Delicato actually delivers “what it says on the tin” – “Old Style Gelato”. Mario Santomo came to Israel, fell in love with Haifa and brought a piece of Italy here. The classic tastes like lemon-mint are offered side-by-side with

special flavors like elderberry-coffee and mozzarella-basil. Holidays bring even more offerings, like Jack Daniels ice cream.

- 📍 8 Flieman | ☎ 04-6027036
- 🕒 Sun-Thurs, Sat 12:00-19:00; Fri 10:00-15:00

Bambino

All you need is mixed veal and lamb shawarma and a side of roast cauliflower in garlic sauce.

- 📍 144 Jaffa, Kiryat Eliezer | ☎ 04-8521474
- 🕒 Daily 9:30-14:00

Ha’em Nabila (Mama Nabila)

Nabila is the queen of Lebanese-style home cooking.

- 📍 1 Tel Aviv, Kiryat Eliezer | ☎ 04-8521792
- 🕒 Sun-Thurs 8:00-17:00; Sat 8:00-17:00; Fri closed

Victor’s Sandwich Bar

This little place has been feeding the residents of Bat Galim and soldiers from the nearby naval base for a generation. Everything is fresh and tastes like heaven. You can’t go wrong with the avocado salad egg sandwich.

- 📍 12 Hasharon | ☎ 04-8536882
- 🕒 Sun-Thurs 7:00-15:00; Fri 7:00-13:00

RESTAURANTS

Sketch Restaurant

Get ready to taste and experience the flat world in Israel's first two-dimensional, monochromatic, immersive and interactive boutique cafe – all 100% hand drawn by local artists. At Sketch you’ll find fresh and authentic Roman pizza, pasta, salads, artisan gelato made in-house and more – for a truly homemade Italian 2D dining experience.

- 📍 2 Pinkhas ve-Avraham Rutenberg St., Samny Ofer Stadium
- ☎ 04-6100101
- 🌐 facebook.com/sketch.haifa/



Photography by Nir Belitzky



Photography by Nir Belitzky



Habokrim (The Cowboys)

A unique atmosphere. Come for the perfectly cooked meats and the country music playing in the restrooms.

- 📍 1 Kdoshei Yasi St., Congress Center
- ☎ 04-8501111
- 🕒 Daily noon-midnight

Mr. Bun Burger

A burger bar offering beef, lamb and chicken burgers in a selection of buns – sesame, brioche, ciabatta and steamed buns with a variety of delicious toppings.

- 📍 1 Nativ HaOr St. | ☎ Daily 11:00-23:30
- ☎ 077-3628388

Sinta bar

At the center of the restaurant is a large bar with a respectable supply of wine, beers and alcohol, and there is also a wine room with glass walls and seating areas. Pastas, fish dishes, burgers and steaks are all on the menu.

- 📍 1 Nativ HaOr St. | ☎ Sun-Sat 12:00-23:30
- ☎ 04-6661829

Minna Tomei

Unlike other Asian places, there's a clear separation here between the five different far-eastern cuisines on offer. Execution is high level. Try the Korean Bibimbap and the Indian Bombay Butter Chicken.

- 📍 8 Flieman St., Castra Center
- ☎ 04-6208757
- 🕒 Sun-Wed noon-23:00; Thurs-Sat noon-midnight

Raffaello

A place to enjoy the finest Italian cuisine. We recommend the pastas and the desserts, especially the cannoli.

- 📍 8 Flieman St., Castra Center
- ☎ 04-6208757
- 🕒 Sun-Wed noon-23:00; Thurs-Sat noon-midnight

Kalamaris

At first, it's the generosity that stands out – overflowing salads and huge mains. As you start eating, you'll discover that it also tastes great. There's something for everyone – bring the whole family!

- 📍 100 Stella Maris St., French Carmel
- ☎ 04-8314908
- 🕒 Sun-Sat noon-midnight

Zebra

Gilles defines himself as a chef making local food with a French touch. In addition to the food, the place hosts musical performances and artist's exhibits. The gratin and the Tarte Tatin are recommended.

- 📍 39 Tzchernikovsky St., French Carmel
- ☎ 077-3212290
- 🕒 Mon-Sat 9:00-midnight

Shawatina

A meat and seafood restaurant that has a lot to offer vegetarians as well. A royal array of salads, great view of the bay. High-class service.

- 📍 100 Stella Maris St., French Carmel
- ☎ 053-9442932
- 🕒 Sun-Sat noon-midnight

'BLUE COLLAR' RESTAURANTS

Abu Zaid

A Bat Galim institution. Excellent fish and meat, as well as assorted salads. Not the cheapest, but well worth the price.

- 📍 5 Ha'aliya St., Bat Galim
- ☎ 04-8523419
- 🕒 Daily noon-23:00

The Dolphin

It has been 40 years since this fish restaurant first opened its doors. The perfect place to enjoy grilled fish or seafood.

- 📍 13 Bat Galim St.
- ☎ 04-8523837, 053-4293374
- 🕒 Mon-Sat 12:00-23:00; Sun closed

Goldfish

The best place to eat quality fish on the cheap. The Goldfish is a refuge for fish lovers from the pricey seafood restaurants out there.

- 📍 26 Ellison St., Kiryat Eliezer
- ☎ 04-8552663
- 🕒 Mon-Sat noon-22:00; Sun closed

Hakuba Shel Momo (Momo's kibbeh)

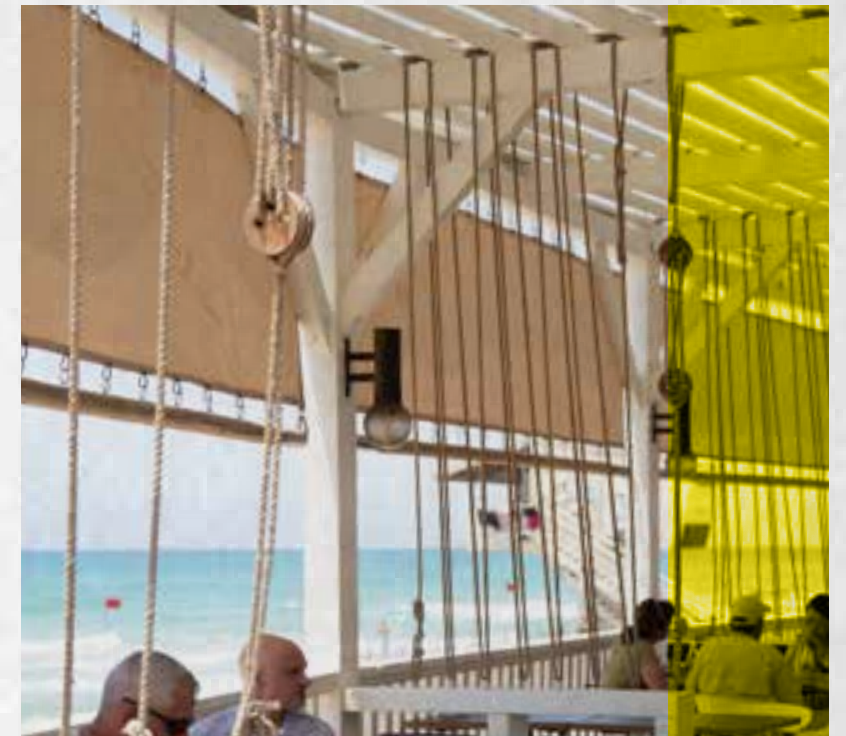
The place to go for authentic Iraqi kibbeh. Momo Yehezkel's restaurant is located inside the Castra Center. The restaurant is kosher and they deliver. We recommend ordering their kibbeh soup.

- 📍 8 Flieman St., Castra Center
- ☎ 077-4142473
- 🕒 Sun-Thurs 9:00-18:00; Fri 9:00-15:00; Sat closed

Shrimps House

A place for shrimp lovers. Calamari and fish are also on the menu. Located on the Haifa-Tel Aviv highway right under the Ein Hayam neighborhood, with very easy access. We recommend ordering the "Shrimps House Special" – shrimp in a special caramel sauce. Fish lovers can order the catch of the day, either grilled or pan fried. The restaurant also offers a half grilled half pan-fried version.

- 📍 5 Hahagana Rd., Ein Hayam
- ☎ 04-8520896
- 🕒 Sun noon 17:00; Mon-Sat 12:00-22:00



ON THE WATERFRONT

Eataliano Dalla Costa

A great Italian eatery that makes excellent pizza. The pastas are excellent too, and the desserts – oh the desserts!

- 📍 96 Haliyah Ha-Shniya St. | ☎ 04-6601011
- 🕒 Sun-Thurs 12:00-23:00; Fri 10:00-12:00; Sat 12:00-23:00

Shawatina

The second branch of Shawatina, after Stella Maris. Meat and seafood served here, along vegetarian options. An array of salads fit for a king are always on the menu and diners can enjoy a great view of Mt. Carmel. Excellent service.

- 📍 96 Ha'aliya Hashnia St., Bat Galim Beach
- ☎ 04-8333037
- 🕒 Sun-Sat noon-midnight

MisaDag

A Mediterranean-style fish and seafood restaurant located on the Bat Galim Promenade. On Saturday, come for a walk along the boardwalk, breathe the fresh air and finish the day off with a delicious meal.

- 📍 29 Pinchas Margolin St. | ☎ 073-7584244
- 🕒 Sun-Thurs 12:00-21:00; Fri 12:00-15:00; Sat closed

HaChavit (The Barrel)

It's impossible to imagine the Dado Beach promenade without HaChavit, a resto-pub that has become an integral part of the city's shoreline.

Sit there at sunset, a cold beer in your hand and watch the waves come in.

- 📍 Dado Beach | ☎ 04-8522215
- 🕒 Daily 9:00 to last customer

Hamakom Shel Eliyahu (Eliyahu's Place)

Nobody prepares fish in garlic sauce quite like this place. This modest restaurant is also a meeting-place for lots of Haifans; sitting there is always pleasant.

- 📍 Zamir Beach | ☎ 04-8526716
- 🕒 Daily 9:00-23:00

Camel Cafe

This restaurant has become a Haifa legend. Order a shake, take off your shoes and lounge on the chair on the sand. If you're hungry, we recommend the Maya Salad.

- 📍 Dado Beach | ☎ 04-8522990
- 🕒 Daily 9:00-03:00

Shaltieli

A relaxed, fun place to sit. Their rooftop seating area is ideal for a lunch with friends, and hookahs are available too.

- 📍 Dado Beach | ☎ 04-8550393
- 🕒 Sun-Thurs 10:00-2:00; Fri 10:00-Shabbat begins; Sat end of Shabbat-3:00

Nirvana

The perfect place to hang out at the beach. The feeling of freedom alongside the watermelon with salted cheese will definitely help you reach the state of nirvana!

- 📍 Nirvana Beach | ☎ 04-8501444
- 🕒 Daily 9:00 until the last customer

Shopping

WANDER THROUGH HAIFA'S NUMEROUS MARKETS AND MALLS THAT ARE BRIMMING WITH BOUTIQUES, CAFÉS AND RESTAURANTS

SHOPPING CENTERS

Ofer Grand Canyon Haifa

A fashion, shopping, and entertainment center that opened over 20 years ago, this mall has more than 220 designer shops for clothing, accessories, jewelry, footwear, food, leisure, electronics and more. The mall is in Haifa's center and spans over three levels. On Thursday and Friday there are art and food fairs where you can buy handmade crafts, decorative items and home cooking. Sometimes there are workshops, story times for kids and more.

- 📍 54 Simha Golan Rd., Neve Sha'anani
- ☎ 04-8121111
- 🕒 Sun-Thurs10:00-22:00, Fri 9:00-15:00, Sat half an hour after Shabbat ends and until 22:30
- 🌐 myofer.co.il/grand-kenyon-haifa

Khorev Center

The mall at Khorev Center is at the center of the Ahuza neighborhood in Haifa, and it is the shopping and entertainment area for the residents and visitors. The mall is considered a venerable Haifa institution, and has several dozen shops, cafés, restaurants and a medical center.

- 📍 15 Khorev St.
- ☎ 04-8246164
- 🕒 Sun-Thurs9:00-21:00, Fri 9:00-14:00, Sat 19:00-22:00 (only the Super Pharm is open)

Panorama Center

At the top of the Carmel, opposite HaEm Garden, there is the Panorama Center, a boutique mall. The mall incorporates high-end wine shop and unique cafés. The center complex also includes the Dan Panorama Hotel and a luxury residential building.

- 📍 109 HaNassi Ave.
- ☎ 04-8375011
- 🕒 Sun-Thurs10:00-20:00; Fri 10:00-14:00; Sat after Shabbat ends until 22:00, panoramacenter.co.il

City Center Outlet

This is an outlet mall in the German Colony, in a building built in the Templar style of architecture. The center has outlet shops by leading brands, and also cafés and restaurants. In addition to that, there's a special opportunity for a photo outside the City Center, a 3 Meter installation that says it all – I love Haifa! The installation was designed by Avishai Dotan and Gil Goren. From 20:00 to 23:00 videos are projected

on the installation, making it that much more dynamic. Great for that Instagram photo, especially right before (or right after) a selfie with the Baha'i Gardens.

- 📍 6 Ben Gurion Ave.
- ☎ 04-8530111
- 🕒 Sun-Thurs 9:30-21:00; Fri 9:30-15:00; Sat 11:00-21:30

Cinemall

The Cinemall Mall, formerly called Lev HaMifratz Mall, is in a central accessible junction and has a play area for children, a variety of clothing and footwear stores, restaurants, cafés and the "Yes Planet" complex with 23 theatres. The mall has shows and events for the whole family.

- 📍 55 HaHistadrut Ave., Lev HaMifratz Junction
- 🌐 cinemall.co.il
- 🕒 Sun-Thurs9:30-21:30; Fri 9:30-15:30; Sat 21:00-22:30

Azrieli Mall Haifa

This Haifa Mall belongs to the Azrieli Malls group and is located at the southern entrance, making it accessible and especially attractive. The mall has hundreds

of stores: clothing, footwear, opticians, toys, electronics, restaurants, cafés and more. It also offers a variety of entertainment and attractions for the whole family.

- 📍 5 Moshe Flieman St
- ☎ 04-8550340
- 🕒 Sun-Thurs 10:00-22:00; Fri 9:00-15:00; Sat half an hour after Shabbat ends until 22:30
- 🌐 haifa.azrieli.com

Auditorium Square Mall

This is a shopping center located in the central Carmel area, adjacent to the Haifa Auditorium. It has clothing stores and cafés.

- 📍 134 HaNassi Ave.
- ☎ 04-8103981
- 🕒 Sun-Thurs 6:30-21:00; Fri 8:00-15:00; On Sat the mall is closed, only Super-Pharm is open.

Castra Center

This center combines arts, entertainment and commerce. Here you can see the work of the artist professor Erich Brauer, one of the world's largest murals, made from ceramic tiles recounting Biblical stories. Alongside the art galleries, there are clothing stores, jewelry, accessories, designer boutiques, cafés, restaurants and workshops. The mall was built on the remains of the ancient city of Castra at the southern entrance to the Haifa. Castra was a bustling and prosperous city in the Byzantine period.

- 📍 8 Moshe Flieman St.
- ☎ 04-85900001, office@kastra.co.il
- 🕒 Sun-Wed, Fri-Sat 8:00-22:00; Thurs 8:00-23:00;

OSCAR7

The OSCAR7 center is located in the heart of the Savionei Denia neighborhood and is close to both the Denia and Ramot

Yitzhak neighborhoods, on Road 705. The OSCAR7 shopping center includes a variety of businesses that serve both the daily needs of thousands of nearby residents and visitors travelling through the 705. There is a supermarket, cafés, restaurants, clinics and more.

- 📍 7 Oscar Schindler St.
- ☎ 04-8220200, 04-8340235
- 🕒 Sun-Fri 7:30-23:00; Sat 8:30-23:00
- 🌐 oscar7.co.il

MARKETS

Talpiot Market

This colorful market, which spans over two streets in Hadar HaCarmel, has a variety of stalls, including vegetable, fruit and spices; pastry, liquor, fish, meat, olives and more. It is quickly becoming an important culinary center of Haifa, with many new restaurants, bars and cafes.

- 📍 Sirkin St.
- 🕒 Sun, Mon, Wed and Thurs 8:00-19:00; Fri 8:00-14:00

Wadi Nisnas Market

In the heart of Wadi Nisnas neighborhood there's a small market characterized by a variety of sights and smells. The old market is a symbol of coexistence between Arabs and Jews. It offers seasonal and fresh ingredients – the dream of every cook or foodie. There are many local delicacies to taste and discover, bakeries, coffee stores, fresh fish and seafood, fruits and vegetables, falafel stands and Arab restaurants.

- 📍 The Wadi St. and St. John's St.
- 🕒 All week (on Sunday some stores are closed)



The Flea Market

The Flea Market is Downtown on Kibbutz Galuyot Street. Until a while ago, it was a market known only to a few, but it has since had a facelift and is now an attraction for the general public. You can find almost everything here, some of it is hidden and dusty, and some is displayed with style. During the week the market is somewhat sleepy, operating until noon, but on Saturdays and Sundays it is buzzing with activity. You can find furniture, art, old tools and more.

- 📍 8 Kibbutz Galuyot St.
- 🕒 every day 8:00-15:00; Sat 8:00-16:00

BOOKS

Goldmond 2nd Hand Books

A bookstore that has become a cultural powerhouse in Haifa. Here, amongst the books of Bialik or Thomas Mann, on comfy sofas or on the thick carpet, you can attend a lecture or a movie, sing karaoke, play board games or just socialize. If you're hungry, light refreshments are available, with toast, hummus and couscous and to wash it down – some coffee or alcoholic drinks.

- 📍 5 Sirkin St.
- ☎ 04-8622472
- 🕒 Sun-Wed 9:00-23:00; Thurs 9:00-00:00; Fri 9:00-15:00; Sat closed
- 🌐 goldmundbooks.com

Mischar HaSefer

This is the most magical bookstore in Haifa, and it serves as an alternative to the large chain bookstores. In this old store you can find used and new books, textbooks and bargains at attractive prices.

- 📍 31 HeHaluts St.
- ☎ 04-8628540
- 🕒 Sun 9:00-19:00; Fri 9:00-14:30

Lea Books

Another bookstore that does not belong to the major chains, Lea Books has a rich selection in four languages: Hebrew, English, German and French.

- 📍 5 Kiryat Sefer St.
- ☎ 04-8255467
- 🕒 Sun-Thurs 9:00-19:00; Fri 9:00-14:30; Sat closed

Rebooks (Sipur Hozer)

The Rebooks Returning Project is a social bookstore network. The Haifa branch offers used books at a fixed price of NIS 20. Most importantly, they employ people who are struggling and help them recover and return to the job market. In addition to the 16 branches across the country, you will find smaller retail outlets in many cafés and restaurants.

- 📍 68 HaAtsma'ut Rd.
- ☎ 03-5341400
- 🕒 Sun-Thurs 8:30-19:00; Fri 8:30-13:00; Sat closed

Booksefer

This is a used bookstore that offers about 52,000 titles in Hebrew and English, as well as free shelf space for independent writers and poets.

- 📍 82 HaAtsma'ut Rd.
- ☎ 04-8663451
- 🕒 Sun-Thurs 11:00-19:00; Fri 11:00-16:00; Sat closed

Martef Hasefer

At this old, second-hand book store you'll find books on various subjects, from art to old pulp fiction.

The owner will help you navigate between the bookshelves.

- 📍 3 Sirkin St.
- ☎ 04-8625719
- 🕒 Weekdays 8:30-16:30, Fri 8:30-14:00

Moby Dick

So you're strolling down Masada street, the most relaxed place in Haifa. You consider kicking back in one of the many cafes. Want to go all-in and enjoy a good, old-fashioned book? "Moby Dick" got you covered. They offer lots of books in various languages. You can call in and ask if they have a specific title or check their catalog.

- 📍 9A Masada St.
- ☎ 04-8705533
- 🕒 Sun-Thurs 10:30-17:30; Fri 10:00-15:00
- 🌐 Catalog: bit.ly/mobydickcatalog

MUSIC

The Third Ear

Similar to Tel Aviv's Third Ear, the Haifa branch also offers CDs, records, a DVD library and more.

- 📍 142 HaNassi Ave., Cinematheque
- ☎ 04-8360219
- 🕒 Sun-Thurs 12:00-20:00; Fri 9:30-16:00; Sat closed
- 🌐 third-ear.com

B-SIDE Record Store

The best place to find old and rare vinyl records and also music equipment.

- 📍 12 Masada St.
- ☎ 077-5075585
- 🕒 Sun-Thurs 10:00-19:00, Fri 10:00-15:00



Photography by: Zvi Roger

Nightlife

HAIFA'S SPECIAL NIGHTLIFE SCENE LIGHTS UP EACH EVENING AT DUSK. TRENDY BARS AND CLUBS ARE OPEN ALL NIGHT LONG

DOWNTOWN

Iza Bar (Goat Bar)

New pub-bar in Downtown Haifa, wide variety of beers served to a younger set of punters who come for the parties, live performances and DJs.

- 📍 1 Moshe Aharon St.
- ☎ 058-7460202
- 🕒 Daily 18:00 to last customer

Ha-Ogen (The Anchor)

Haifa's oldest pub, opened in 1942 when the British were still here. It's now managed by Gil, the son of the founders, who has succeeded in preserving the pub's authentic atmosphere. The entire Downtown area is coming alive again, with the Haogen pub continuing to hold its position of strength on the nightlife scene while preserving what's special about it. The place stands out for the documents, the pictures and the memorabilia on its walls. By the way, breakfast and lunch are also served.

- 📍 3 Palmer Gate St.
- ☎ 04-8645108
- 🕒 Sun-Wed 18:00-1:00; Thurs-Fri 12:00-1:00; Sat closed

Dovrin 7

A restaurant and pub located in the lovely Turkish Market complex attracts students and young people. The place is usually open until the early hours of the night, with a menu that includes seafood, meat, tapas and dairy dishes.

- 📍 7 Nahum DovrinSt.
- ☎ 058-5586825
- 🕒 Sun-Sat, noon to last customer

Kalman's

When Kalman's pub opened Downtown almost 30 years ago, the area was a genuine downtown neighborhood: sailors, alcohol, fist fights here and there. Today it's completely changed. Students live in the port complex and there are performances on Friday afternoons. Kalman's pub is hidden behind a large wooden door, you have to ring the bell to enter. Though Kalman, the owner of the place, is no longer young, there's no better host. He's a major expert in whiskey and a great cook to boot. His signature dish is smoked goose breast in garlic butter and red wine.

- 📍 3 Hanamal St.
- ☎ 04-8620525
- 🕒 Mon-Fri 17:00-10:30; Sat-Sun closed

Fattoush Gallery Bar

Fatoush's new branch in the downtown area should be in the tourist guides not

only as a restaurant but as a true point of attraction. The design is one of the most impressive in the country and can certainly compete with any club in Europe. Chef Shachar Sivan, one of the founders of the legendary Venia restaurant, has designed an eclectic and impressive menu.

- 📍 6 HaNamal St.
- ☎ 04-8813040
- 🕒 Daily 17:00-1:00

LiBira

Leonid, the owner of LiBira, leads a double life. By day he's an engineer for the Israel Electric Corp. By night he manages LiBira, a pub that brews its own beer. There are 5 kinds of brews here, from light to dark with a chocolate-coffee finish. From the food menu: the hamburger and beef carpaccio are strongly recommended. A while ago, LiBira moved to new spacious premises, with a special kind of industrial chic and you can see the brewery there.

- 📍 26 Hanamal St.
 - ☎ 04-3740251
 - 🕒 Daily 12:00 until the last customer; Business lunch daily 12:00-18:00
- 🌐 libira.co.il

Terroir

A fairly new wine bar in Haifa that offers a great selection of wines. It's also worth it to check out their Facebook page to see when they have one of their many meetings with winemakers or wine tasting events.

- ☎ 077-3503585
 - 🕒 Sun-Thurs 12:00-23:00; Fri 10:00-16:00; Sat 17:00-23:00
- 🌐 facebook.com/terroir.haifa/

Kabareet (Match)

One of the more interesting venues in Haifa, located in an old building from Ottoman times. Here, you can see a show down some beer and eat a very good burger. This is the Haifa underground, in more ways than one. Check in advance what shows are on or come enjoy the music and the atmosphere.

- 📍 HaZagag Alley
- 🕒 Mon-Wed 19:00-3:00; Thurs 19:00-5:00 Fri 20:00-5:00; Sat 20:00-4:00

Reva Bar (Quarter Bar)

The owner of Eza bar across the street started this charming bar with a simple motto – selling draft beer for only 10 Shekels for a quarter-liter glass.The bottled beer as well as chasers are similarly priced. Cheers!

- 📍 70 HaAtzmaut
- 🕒 Daily from 19:00 to last customer



Photography by: Nir Belitzky

Malabir

The name is a combination of "beer" and "malabi", and Malbir promises a unique Israeli pub experience. Make sure you try the local "ara-is" sandwich as well as the chocolate and banana challah.

- 📍 32 HaNamal St.
- ☎ 052-6655884
- 🕒 Tue-Fri 20:00-2:00; Sat 16:00-2:00

HADAR

Rodeo

A veteran pub, founded in 1977. Rodeo serves a captivating selection of beers, mostly German, Czech and English. The East European food won't leave you indifferent. A home to Haifa's Russian community. Occasional musical performances.

- 📍 23 Balfour St.
- ☎ 054-4707952
- 🕒 Tue-Sat 20:00 to the last customer

Gag 21 (Roof 21)

Is there a better place to have a roof party than Haifa? With a view of the sea and the Carmel, a fun DJ and a friendly bar, this is the perfect place to dance the night away. Often, there's also a stall selling snacks to the hungry partygoers. Gag 21 is open over the weekends, holidays and special occasions, but you can come to the roof at any time and enjoy the view.

- 📍 Variable opening hours, check their facebook: facebook.com/TheGAG21/

HQRN

This place started out as an art gallery with a bar, but after several years it changed direction and became a locus for people who appreciate a different kind of culture. In this small venue, you can listen to Noise, Metal and even Classical music concerts, lectures about animation (for example), DJ sets and more. Often, you can nosh on interesting foods, prepared by guest chefs. For bigger events, there's the local community garden.

- 📍 5 Sirkin St.
 - 🕒 Mon-Thurs eve; Fri afternoon
- 🌐 facebook.com/HQRNart/

CARMEL

Brown

Brown, a restaurant and bar on the Carmel, is a large and busy neighborhood bar offering its guests fine food, a nice atmosphere and abundant alcohol. It has a meticulous and aesthetic design and lots of wooden furniture. The menu is diverse, the music no less so, including eighties, Israeli music, quality and light rock and more. Over time Brown has established itself as a meeting place for Haifa's night life people. Four separate seating areas.

- 📍 131 Moriah Ave.
- ☎ 04-8112391
- 🕒 Daily 6:00-18:00

The Duke Pub

You don't need to get your passport stamped for a quick nip at an Irish pub. The location on Moriah Boulevard, Haifa's principal entertainment area. Designed in the finest Irish tradition, the place's pride is its elegant bar offering a rich assortment of drinks including whiskey, cocktails and wine. There's an interesting menu, screening of sporting events and Happy Hours. Join the fun!

- 📍 107 Moriah Ave.
- ☎ 04-8347282
- 🕒 Daily 12:00-0:00

The Lobby

The Lobby is a large dance club with a party schedule and the best DJs. There's a large dance floor, a bar for drinks and seating areas all around. Parties for age 27 and over on Thursdays, 24 and above on Fridays.

- 📍 1 Hamaklef corner 33 Hahistadrut
- ☎ 054-6873343
- 🕒 Thur-Fri 5:00-23:00

Hamakolet (The Grocery)

In place of an old neighborhood grocery store on Kadima Street, a bustling local pub that is crowded and smoky with a fun and quite intimate atmosphere. It's crowning feature: standing outside with a glass of cava or beer and feel like you're in London, where there's a neighborhood pub every two meters or so.

- 📍 1 Kadima St.
- ☎ 04-8362659
- 🕒 Sun-Sat 19:00-2:00

Charlie

As befits a place made for people who never sleep, Charlie has a dark and mysterious atmosphere. We recommend ordering the Dim Sum, prepared by Charlie's Vietnamese wife, and if you're still hungry – do try the excellent spare ribs and jacket potatoes. Whiskey aficionados will be spoiled for choice.

- 📍 2 Sha'ar Levanon St.
- 🕒 Wed 6:00-16:00; Thurs, 6:00-14:00
- ☎ 077-3427543

The Sleek (Hidden Arsenal)

The Sleek is an innovative bar offering an alternative atmosphere in a unique location. There's good music, a rich menu including, among other things, meat, seafood and classic bar dishes. The beverage menu includes 14 kinds of beer, 56 brands of whiskey and 12 types of Cognac.

- 📍 124 Hanassi Ave.
- ☎ 04-3741441, 052-5608884
- 🕒 Daily 19:00 to the last customer

Junta

A pub located on the Technion grounds, because students also have the right to drink after a long day studying. There are hamburgers, stir-fries and salads and attractive vegan options.

- 📍 Beit Hastudent, Technion
- ☎ 077-9971661
- 🕒 Sun-Wed 20:00-1:00; Thurs, Fri 21:00-2:00; Sat closed

Loft 124

A young and popular dance bar operating in Central Carmel since 2009. Parties for students on Thursdays, for 27 and older on Fridays.

- 📍 124 Hanassi Ave.
- ☎ 04-8102124
- 🕒 Fri 23:00-4:00. loft124.co.il

Morrison

Morrison, a bar and a dance bar in Central Carmel, has been operating for a decade. After a face-lift in 2014, it now has two well-designed bar complexes and one of the world's most advanced sound systems. It's a concept bar, where every evening is dedicated to a different theme.

- 📍 115 Yefe Nof St.
- ☎ 04-8383828, 052-3778249
- 🌐 morrison-bar.com

Pundak Hadov (The Bear Inn)

An English-style pub, operating since 1990 in the heart of Haifa's Carmel. The pub offers a wide selection of whiskeys alongside a sophisticated dairy and meat menu. Pundak Dov has an outer terrace and a sports bar for those who want to watch the featured matches.

- 📍 135 Hanassi Ave.
- ☎ 04-8581703, 054-6840909
- 🕒 Sun-Fri 12:00-2:00; Sat 19:00-2:00

Frangelico

Say the words Asian food in Haifa, and Frangelico immediately comes to mind. A chef's and sushi bar chain that combines cuisine and revelry with a hopping atmosphere. A rich bar includes, among

other things, beer on tap, whiskey and cocktails, alongside a varied and especially tasty menu.

- Branches:
- 📍 Cinemall/Lev Hamifratz, 55 Hahistadrut
 - ☎ 04-8720855
 - 🕒 Sun-Thurs 12:00-22:30; Fri 12:00-00:00; Sat 12:00-23:00

- 📍 22 Ben Gurion Ave.
- ☎ *9290
- 🕒 Daily 12:00 to last customer

Tsafiririm 1

An elegant resto-bar near the entrance to the Carmelia neighborhood, with a clubby and bubbling atmosphere. Eclectic kitchen.

- 📍 1 Tzafririm St., Carmelia
- ☎ 04-8112235
- 🕒 Sun-Wed 12:00-00:00; Thurs 12:00-1:30; Fri 12:00-2:00; Sat closed

Sasson Bar

A food bar in the Ahuza neighborhood, belonging to the entrepreneur-restaurateurs behind the Sinta Bar. The bar has contemporary music, a young atmosphere and chef's cuisine, together with a rich menu of alcoholic drinks and cocktails.

- 📍 10 Horev St.
 - ☎ 04-6306234
 - 🕒 Daily noon to last customer
- 🌐 sasson-bar.co.il

Diwan

Diwan is a lively bar serving classic and light pub food such as pizzas, toasts, schnitzels and more. Live music is regularly played, and since the owner is also a musician, there's a pretty good chance you'll get to sit in on an impromptu jam session.

- 📍 15 HaNamal St.
- ☎ 054- 9491300
- 🕒 Daily 18:00 to last customer



Photography by: Tom Simon

Stay Updated

DIRECT DIAL

THE HAIFA TOURIST ASSOCIATION

The website is full of Information on hotels, museums, culture, hiking tours and entertainment. Haifa tourist advisers will also help you design a city tour including attractions like the Baha’i Gardens, the German Colony, Haifa museums, transportation, accommodation and anything you need to enjoy a perfect vacation.

- www.visit-haifa.org
- 📍 48 Ben-Gurion, German Colony
 - ☎ 04-8535606, 1-1800-305-090 ext. 101
 - 🕒 Sun-Thurs 8:00-17:00; Fri 8:00-12:00; Sat closed
 - 🌐 Haifa municipality website: Haifa.muni.il

PUBLIC TRANSPORT

Metronit

Haifa’s Metronit bus system is fast, frequent and on time. Three lines running through the Krayot area, Nesher and Tirat Hacarmel.

- 📞 Information and schedules: *8787, 04-6394444, 24/7
- 🌐 metrobus.gov.il

Carmelit

The efficient Carmelit subway connects Haifa’s three major centers: Downtown, Hadar and the Carmel center, in an eight-minute ride.

- ☎ 04-8376861, 04-8372231
- 🕒 Sun-Thurs 6:00-00:00; holiday eves and Fri 6:00-15:00; Sat and holidays: April-October 20:00-00:00; November-March 19:00-00:00
- 🌐 carmelithaifa.co.il

Rakvalit (Cable Car)

In Haifa we are spoiled for choice with the variety of different transport options. A new one was added recently – the “Rakvalit” cable car. It was built to ferry students from the Merkazit Hamifratz station below to the Technion (only a 10 minute-ride) and Haifa University (only 9 more minutes). It bypasses all city traffic from above. Visitors to the Technion can enjoy the botanical gardens and architecture and those who visit the University – Hecht Museum and the views from the top of the mountain.

- ☎ *3553
- 🕒 Thurs 6:00-2:00 (next day); Fri 6:00-17:30; Sat 20:30 to 00:00



Malkat Akko Cruises

If you are here in Haifa, you should take the opportunity and visit Old Acre (Akko), our neighbor to the north with its ancient walled city and lively street market. There are many ways to get to Akko, but the most spectacular one is probably the cruise boat, Malkat Akko (Queen of Akko). You can board in Haifa at gate 5 in the port, near Merkaz Hashmona train station and disembark at Akko Marina in the new terminal, and come back using the same route.

- 📞 For more details: 077-7786614

Buses

Metropolin

- 📞 Information on bus lines: *8787 04-6394444
- 🌐 metrobus.gov.il

Egged

- 📞 bus lines Information: 1-900-721111, *2800, 03-6948888
- 🌐 mslworld.egged.co.il

Carmel Tunnels

A drive through the Carmel Tunnels is efficient, convenient and free of traffic congestion. The tunnels connect to the road around the Krayot area and via the Neve Sha’anan interchange to the Grand Canyon, Central Haifa and the Carmel. Tariff for private cars: NIS 9.91 for one segment, double that for two tunnel sections. Memberships can be purchased. Enjoyable tour routes for tunnel users.

- ☎ *5424
- 🌐 carmeltunnels.co.il

MAIN PARKING LOTS

Hen Hanaya 5 Levontin. **Paid**
Hanevi’im Parking 2 Khoury, Hadar. **Paid**
Khorev Center Parking 15 Khorev, Ahuza. **Paid**
Mehaprim ve Hanionim Parking 12 Yair Katz, Carmel. **Paid**
Allenby Parking 3 Allenby, Downtown. **Paid**
Hameginim Parking 53 Hameginim, Downtown. **Paid**
Hanamal Parking 36 HaNamal, Haifa Port. **Paid**

HOTELS

Bat-Galim Boutique Hotel

12 pampering boutique rooms in a historic building slated for preservation against the backdrop of the Bat Galim seafront. A boutique hotel perfect for couples, a two minutes’ walk from the beach.

- 📍 10 Yonatan St. | ☎ 04-603-7800
- 🌐 batgalim-boutique-hotel.co.il

Bay View

The hotel has 97 guest rooms. Its location, within walking distance of the Central Carmel, makes it an ideal place to visit the zoo, Gan Ha’em, the Louis Promenade, the Moriah Avenue and more.

- 📍 101 Hanassi Ave. | ☎ 04-8354311

Colony Hotel Haifa

The Colony Hotel Haifa is located in a historic structure erected by the Templers in 1905 in what is now the German Colony. The building operated as a hotel until 1978, before becoming a retirement home. Renovations in recent years have turned it into a modern hotel while preserving many parts of its original design. The hotel has 40 rooms, is located about half a kilometer from the lower entrance to the Baha’i World Center and gardens. Many restaurants, cafes and a shopping center are located near the hotel, which is at walking distance from Downtown Haifa.

- 📍 28 Ben-Gurion Rd. | ☎ 04-8513344

Mirabelle Plaza

Perched on top of the Carmel ridge, on a forested hill, Mirabelle (Formerly Crowne Plaza) is the perfect choice for people that enjoy a room with a view. This is a fairly large hotel, with 100 rooms with full amenities.

Yefe Nof street, where the hotel is situated, will lead you to the Louis Promenade, with some of the best sights you can see in Israel, a historic obelisk and, finally, to the upper entrance to the Baha’i Gardens, overlooking much of Haifa. It’s also close to the Carmel Center, one of the centers of Haifa’s nightlife, although the hotel itself is quiet and comfortable. Finally, it’s also close to the local Auditorium and Cinematheque and very popular during the Haifa International Film Festival that takes place every autumn.

- 📍 111 Yefe Nof St. | ☎ 04-8352352

Dan Carmel

The 227-room hotel is located high on the summit of Mt. Carmel, in the midst of Haifa’s activity and entertainment center, with a truly breathtaking view of: the city of Haifa, the Mediterranean Sea and Haifa Bay. The Dan Carmel offers a wide range of activities – a renovated children’s club, health club, semi Olympic swimming pool, a massage service (paid), restaurants and gourmet meals. Within walking distance: the Baha’i Gardens, Gan Ha’em, the Zoo, museums, cinemas, the auditorium, music center, shopping centers, cafes and restaurants.

- 📍 85-87 Hanassi Ave. | ☎ 04-8303030

Dan Panorama

The hotel has 263 rooms on its 24 floors. It looks down from on high on the stunning landscape of the city and on all of Haifa Bay. A swimming pool, a modern and sophisticated health club, personal concierge service, gourmet cuisine for sophisticated palates, a children’s club, tourist attractions within walking distance of the Central Carmel Park, the Zoo, the Louis Promenade, the Moriah Avenue and more.

- 📍 107 Hanassi Ave. | ☎ 04-8352222

Garden

Garden Hotel is located between the slopes of Mt. Carmel and the sea, in the heart of the Matam Technology Park, Haifa’s high-tech hub.

The hotel is immersed in green and the access to it is easy, making it appropriate for both business trips and family vacations. There are 29 spacious, well-designed guest rooms. Some have sea views, some a terrace and private garden. There’s also a handicapped-accessible hotel room.

The hotel also has a pampering spa, a gourmet restaurant (suitable for special events), and an outdoor pool. Finally, there’s an indoor pool at the Sportan, a short walk from the hotel.

- 📍 2 Kdoshei Yasi St. | ☎ 04-6950950
- 🌐 gardenhotel.co.il

Talpiot Hotel

Just a kilometer away from the Baha’i Gardens, the Talpiot Hotel offers a range of air-conditioned rooms and studio apartments (with a kitchen and fridge), free Wi-fi and free parking service. There’s a rooftop terrace overlooking the sea and Mt. Carmel, a Carmelit underground station within easy walking distance and beaches a five minutes’ ride away from the hotel. It’s an ideal place for embarking on tours to Acre, Nahariya or Nazareth.

- 📍 35 Hehalutz St. | ☎ 077-5422909

Leonardo Haifa

The Leonardo Hotel is located at the entrance of Haifa, right on the coast (at Hof Hacarmel). Its distinctive feature is its amazing view and its proximity to the waterfront. The spacious rooms are at 5-star level. Adjacent to a private beach, the hotel has a pool, spa, a kids’ club in the summer, a health club, a coffee shop and more.

- 📍 10 David Elazar St. | ☎ 04-8508888

Satori Hotel

A beautifully designed boutique hotel in a Bauhaus building on Herzl Street. The hotel’s public spaces serve as an art gallery, showcasing beautiful collections of paintings and sculptures, enhancing the overall hotel experience, creating a serene and unique atmosphere. The hotel is a short walk from the city’s cultural and business centers. Rooms are spacious, modern and elegant, with temporary exhibitions well worth a visit, even if you aren’t staying at the hotel.

- 📍 61 Herzl St. | ☎ 04-8616161

Templers Boutique

Templers Boutique is located in the heart of the German Colony, close to the Baha’i Gardens. The building dates back to 1872, and was the residence of one of the German Colony’s founding families. It was restored with great care and was awarded first prize in a German Colony preservation contest. Each pleasant room

has a green terrace facing Ben-Gurion Boulevard and the sea, meals are served in the nearby Fattoush restaurant.

- 📍 36 Ben-Gurion Ave. | ☎ 04-6297777
- 🌐 templers-haifa.co.il

The Schumacher Hotel

A new boutique hotel to add to the list of hotels that have been launched in recent years in the German Colony. It is located in an iconic building that used to belong to the Schumacher family. The entrance to the hotel is through an enchanting garden that leads to an art gallery featuring original artwork by local artists. The hotel’s rooms and suites are elegantly designed to smoothly blend in with the city’s landscapes – the townhouses built on the slopes of the Carmel, the Bahá’i Gardens, the harbor and the Haifa Bay.

- 📍 25 Ghetto Fighters St. | ☎ 04-8806070
- 🌐 theschumacher.co.il

Villa Carmel Boutique Hotel

The Villa Carmel Boutique is a gorgeous European style luxury hotel on the lively Moriah avenue. The 3-story hotel offers 15 exclusive rooms and a fine dairy restaurant, a lovely garden, a sun terrace on the roof with a Jacuzzi, sauna and elegant spa. Rooms and suites overlook green vistas. The interior design is of exceptional quality, each room in the villa is designed in a different and unique style. Prices aren’t low, but the experience is truly worth it.

- 📍 1 Heinrich Heine St. (corner of Moriah Ave.)
- ☎ 04-8375777/8

City Port Hotel

Situated at the foot of the Baha’i Gardens, at the heart of the German Colony, there is a small and welcoming boutique hotel – the City Port Hotel. If you want to be at the center of things, this is the hotel for you! Some of the best restaurants and bars are located here, along Ben Gurion street. The Baha’i Gardens themselves are an unmissable photo opportunity – during the day and at night, when all the lights turn on.

People that appreciate architecture would enjoy staying in a refurbished Templer building, constructed by the original German settlers in the 19th century. It is also conveniently located, not far from the Merkaz HaShmona train station – a useful fact for anyone traveling for business.

- 📍 57 Ben-Gurion Ave. | ☎ 04-9835757

Villa Gan – Boutique Hotel

This hotel is located halfway up the Carmel mountain, near the middle entrance to the Baha’i Gardens. You will be staying in a 100 year old historic building, fully restored and very impressive. The number of rooms is limited and the atmosphere is almost intimate.

From the balconies of the hotel, you can see the Baha’i Gardens and it’s just a short walk downhill towards the German Colony and the Wadi Nisnas neighborhood and the market. The hotel is fully equipped to host conventions and plans to do so in the near future.

- 📍 54 Zionut Ave. | ☎ 04-6177400

Eden hotel

Located in a historic 1930’s building in the heart of Haifa, the Eden is a family-run business. They offer free parking and Wi-Fi, air-conditioning and well-equipped rooms with lovely views of the Baha’i Gardens and Mt. Carmel. Two minutes’ walk from the National Science Museum, a kilometer from the Baha’i Gardens Also, a large shopping center is just around the corner and many restaurants and cafes are nearby.

- 📍 8 Shmaryahu Levin St. | ☎ 04-8664816

Golden Crown

Located in the German Colony, an area rich in tourist attractions, restaurants and cafes. View of the Baha’i Gardens on one side, Haifa Port on the other. Proximity to Haifa’s business centers and to the Haifa Central rail station makes the hotel attractive to businesspeople.

- 📍 155 Jaffa Rd. (Dereh Yafo)
- ☎ 04-6393000
- 🌐 goldencrown.co.il/



Beit Shalom

The hotel is within walking distance from the Louis Promenade and Central Carmel. There are 30 guest rooms, and a bed for a child may be added if requested.

📍 110 Hanassi Ave. | 📞 04-8377482

La Cappella

The La Cappella Hotel redefines business hospitality. Located in the heart of Israel's Silicon Valley near development centers of some of the world's leading technology companies, it is also near Haifa's centers of sports, commerce and culture, and walking distance from the seafront promenade – enabling guests to mix business with pleasure. 30 rooms, fitted with advanced technologies, facing either the sea or the mountain; duplex suites are also available. The hotel has an advanced exercise room, business lounge and elegant meeting rooms.

📍 Castra Center, 8 Flieman St.
📞 04-8885440, 052-2411469
🌐 Lacappella.co.il

Domus Hotel

This perfectly located 35 room hotel resides less than 2 minutes walk from Bat Galim beachfront and is only 10 minute's walk from the nearest Haifa train station. The Domus Bat Galim hotel focuses on hospitality and its very unique location while encouraging all its guests to explore the surrounding area and all the wonders it has to offer.

📍 6 Bat Galim Ave. | 📞 04-8678317
🕒 open 24/7
🌐 www.domusbatgalim.co.il

Carmella Boutique

The 1913 building housing the Carmella Boutique Hotel is located at the heart of the historic and verdant Carmel Center neighborhood. Experience true personal hospitality experience in 19 rooms spread over four floors, each with a window facing one side of the city. Meticulous design and top-grade accessories assure that guests will feel completely at home.

📍 130 Hatishbi St. | 📞 04-8302040

1926 Designed Apartments Hotel

Located in historical building at the center of downtown Haifa, surrounded with restaurants, bars and coffee shops, you will feel the genuine heartbeat of the Haifa's local scene. A short walk from the German colony, the central railway station, the Carmelit underground metro and buses. The hotel offers well designed, hip and spacious studio apartments. All apartments have kitchens equipped with a refrigerator, microwave, hotplate, electric kettle, cutlery and dishes, air conditioning, 32" screen cable T.V with hundreds of channel choices and free WI-FI Internet.

📍 3 Moshe Aharon St. | 📞 058-6661926

Botanica Hotel

A brand-new exclusive hotel, at the center of the German Colony of Haifa, part of the famous international Fattal Hotels chain. In addition to one of the best locations in Haifa, they offer luxurious rooms, a pampering spa and spaces that echo various botanical gardens around the world.

📍 50 Ben Gurion Ave. | 📞 04-6040409

HOSTELS AND GUEST HOUSES

Al YaAcher Hostel

Located in a historic building in the German Colony, the Al YaAcher Hostel offers a cosmopolitan guesthouse experience, with options of shared dormitories or double rooms with access to a shared bathroom. There's a fully equipped kitchen and a spacious lounge, giving guests from all over the world the opportunity to get acquainted and cook together. All rooms have internet access and guests receive bathrobes and daily newspapers. In addition to a rich breakfast served daily, it is possible to buy food, while restaurants, cafes and entertainment venues can be found within walking distance.

📍 24 Ben Gurion Ave. | 📞 077-6570928

Beit Rutenberg Guesthouse

Hostel rooms located in two adjacent buildings. Each building has eight rooms with 4 beds (shared shower and restroom). Some rooms have balconies with views of the Mediterranean. Walking distance from the Baha'i Gardens.

📍 77 Hanassi Ave. | 📞 04-8387958

Port Inn

A guesthouse for backpackers located in the heart of Downtown Haifa, just a short walk from the port, the German Colony and the Baha'i Gardens offers homey warm hospitality. There are 10 rooms, each with four beds, and three larger rooms each with more beds.

📍 34 Jaffa Rd. | 📞 04-8524401

Ana Hostel Haifa

Ana Hostel is a perfect place for anyone who wants to tour Haifa and the North in general. It is located on a slope of the Carmel mountain, facing the sea, only a 15 minute walk to the new promenade of the Camel beach and a 5 minute walk from Congress Center, Azrieli Mall of Haifa and a climbing gym. Hostel's 3 buildings offer a total of 95 rooms with air conditioning and an on-suite bathroom and shower. On weekends, the hostel offers a bevy of fun and educational activities for the whole family.

📍 18 Tsviya Ve-Yitshak St. | 📞 02-5945544

Nest-house Guesthouse

This new guesthouse already received rave reviews from visitors. They mention the cleanliness, access to the kitchen and the washing machine and, above all, Uri for his courteous hosting. The prices are very reasonable and it's a good location to boot.

📍 71 Jaffa Rd. (Derekh Yafo)
📞 054-2524137

Motel Jaffa Haifa

The hostel is located a just a short walk from many of the city attractions, including the German Colony. Services include free Wi-Fi, concierge services and spacious family rooms (each room contains a seating area). There's also a shared kitchen, a library and laundry room.

📍 82 Jaffa Rd. | 📞 04-853-9289





SURFING

Read all about the best beaches
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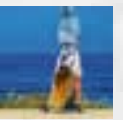
DOWNTOWN

A major entertainment hub with culinary delights
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BAT GALIM

A colorful neighborhood right by the beach
P. 07



Haifa Travel Maker



29.1° IS THE AVERAGE MAXIMUM DAILY TEMP. IN AUGUST.

9.6° IS THE AVERAGE MINIMUM DAILY TEMP. IN JANUARY.



Photography by: Nir Belitzky

Night life

TRENDY BARS AND CLUBS
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TALPIOT MARKET

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STREET FOOD, GOURMET RESTAURANTS, A VEGAN FOOD SHOP, A BAR, A BREWERY, A BAKERY AND A VARIETY OF AMAZING CULINARY SURPRISES, ALONGSIDE CULINARY TOURS, AS WELL AS LIVE PERFORMANCES DURING THE SUMMER



Photography by: Nir Belitzky

דודן-לידי